



















WEEK 1 LUNCH MENU

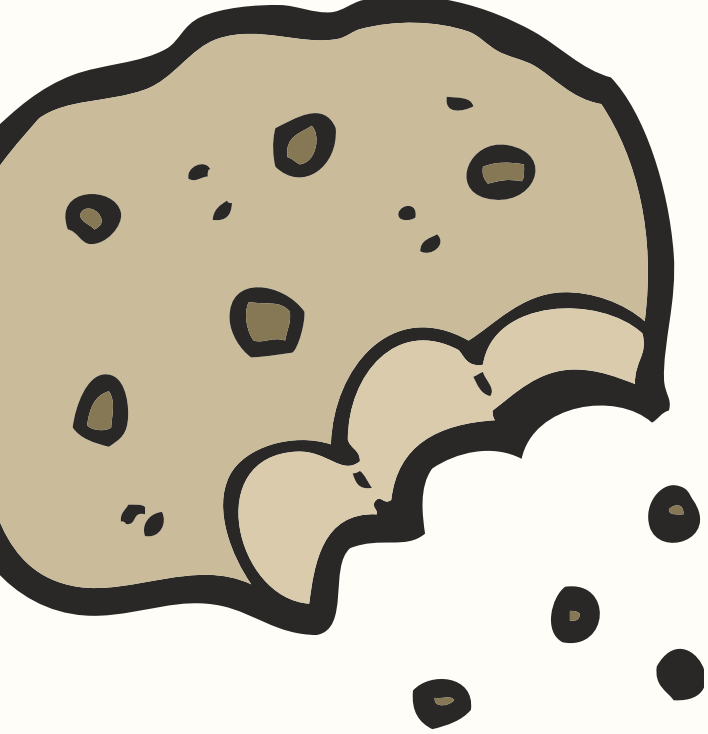
Week commencing: 19/01, 09/02, 09/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	<p>Salmon Macaroni cheese pasta with sweetcorn & garlic bread</p> 	<p>Sticky Halal chicken & stir fry vegetables with rice, carrots & vegetable spring roll</p> 	<p>Roast beef, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Halal chicken meatballs with shell pasta in a tomato sauce with broccoli & garlic bread</p> 	<p>Gluten free fish fingers with chips, baked beans or peas</p> 
VEGETARIAN /VEGAN	<p>Macaroni cheese pasta with sweetcorn & garlic bread</p> 	<p>Sticky Vegan Quorn 'beef' pieces & stir fry vegetables with rice, carrots & vegetable spring roll</p> 	<p>Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Shell pasta in a tomato sauce with broccoli & garlic bread</p> 	<p>Fishless fingers & chips with baked beans or peas</p> 
JACKET POTATO	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 
DESSERT	<p>Frozen smoothie</p>	<p>Fruit or Yogurt</p> 	<p>Jelly</p>	<p>Chocolate brownie</p> 	<p>Sweet waffle</p> 

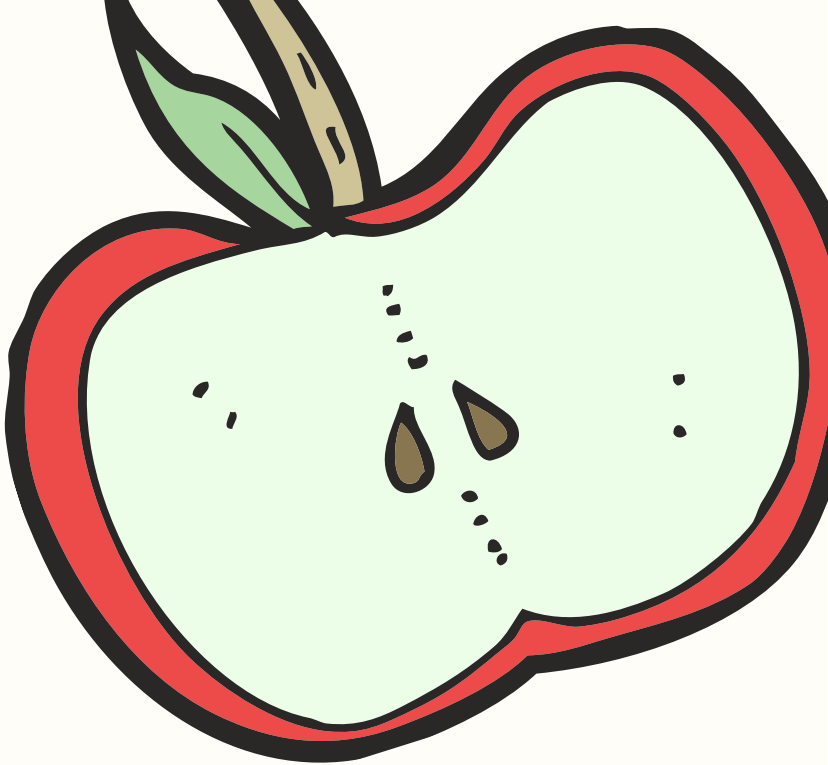
A SELECTION OF FRESH FRUIT, SALAD, BREAD AND YOGURTS AVAILABLE DAILY.
FOR INFORMATION REGARDING ALLERGENS AND DIETARY NEEDS, PLEASE SPEAK TO THE SCHOOL OFFICE.





















WE ARE A NUT FREE SCHOOL



WEEK 2 LUNCH MENU



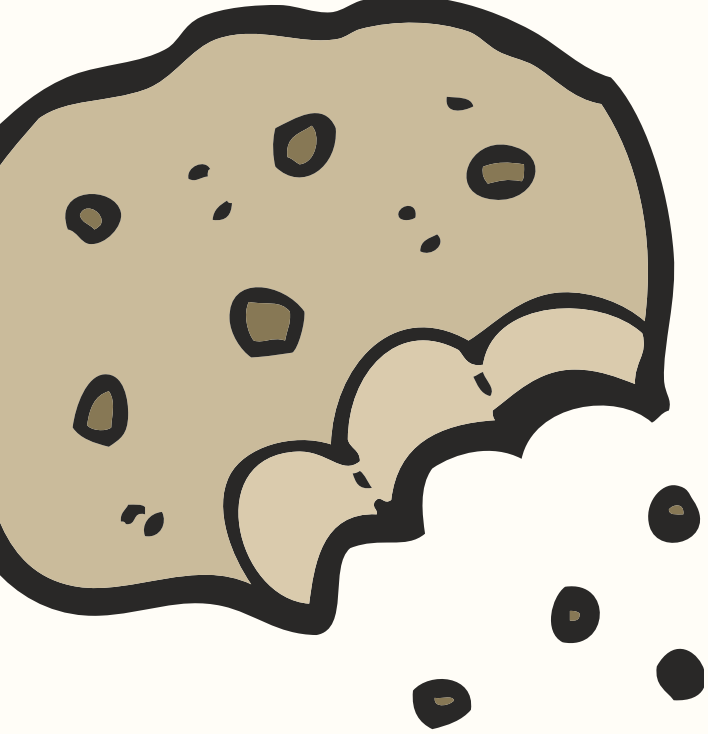
Week commencing: 05/01, 26/01, 23/02, 16/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	Halal pepperoni & cheese pizza with potato wedges & sweetcorn 	Halal chicken & spinach curry with rice, carrots & pitta bread 	Roast pork, roast potatoes, mixed vegetables, Yorkshire pudding & gravy 	Halal minced beef cottage pie with baked beans or broccoli	Gluten free Pork sausage & chips with baked beans or peas 
VEGETARIAN /VEGAN	Cheese pizza with potato wedges & sweetcorn 	Butternut squash, sweet potato & spinach curry with rice, carrots & pitta bread 	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy 	Cheese & onion pasty with mashed potatoes, baked beans or broccoli 	Quorn Vegan sausage & chips with baked beans or peas 
JACKET POTATO	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 
DESSERT	Fruit or Yogurt 	Shortbread 	Jelly	Mousse 	Ice cream 

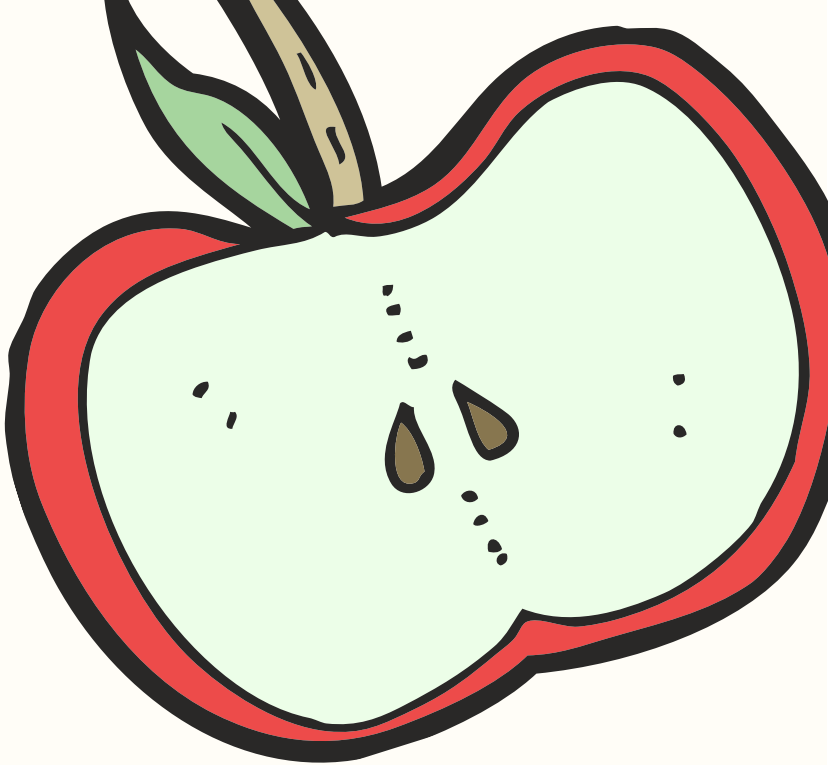
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WEEK 3 LUNCH MENU



Week commencing: 12/01, 02/02, 02/03, 23/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	<p>Pork sausage roll & crispy potatoes with baked beans or sweetcorn</p> 	<p>Halal minced beef pasta Bolognese with garlic bread & carrots</p> 	<p>Roast Halal turkey, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Halal chicken & gravy pie with mashed potato & cauliflower</p> 	<p>Halal battered chicken nuggets & chips with baked beans or peas</p> 
VEGETARIAN /VEGAN	<p>Vegan sausage roll & crispy potatoes with baked beans or sweetcorn</p> 	<p>Macaroni cheese pasta with garlic bread & carrots</p> 	<p>Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Cheese & onion lattice with mashed potato & cauliflower</p> 	<p>Plant based nuggets & chips with baked beans or peas</p> 
JACKET POTATO	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 
DESSERT	<p>Frozen smoothie</p>	<p>Rice pudding & jam</p> 	<p>Jelly</p>	<p>Chocolate brownie</p> 	<p>Sweet waffle</p> 

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