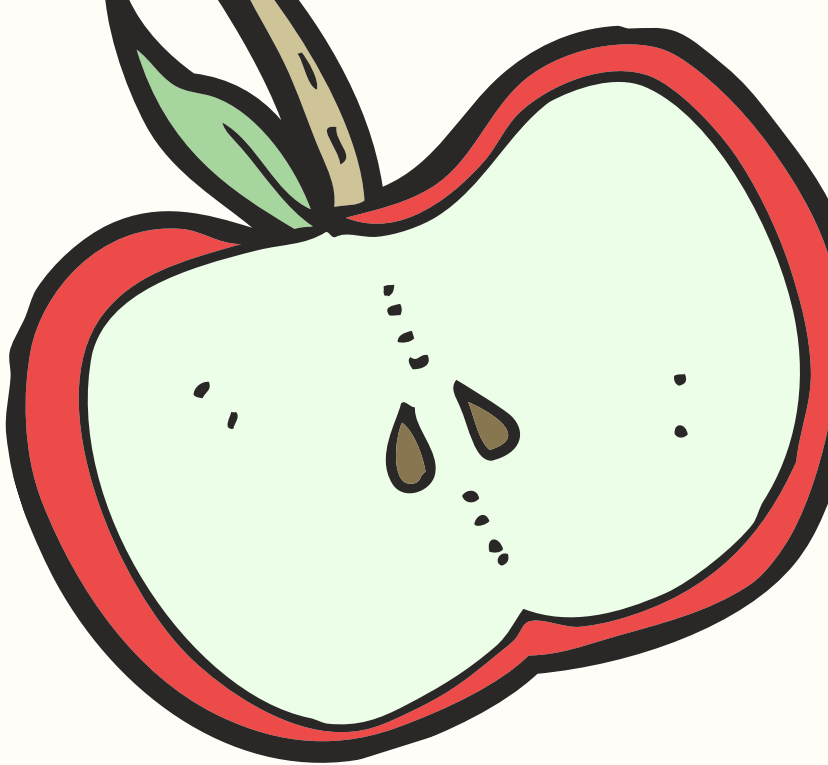


WEEK 1 LUNCH MENU



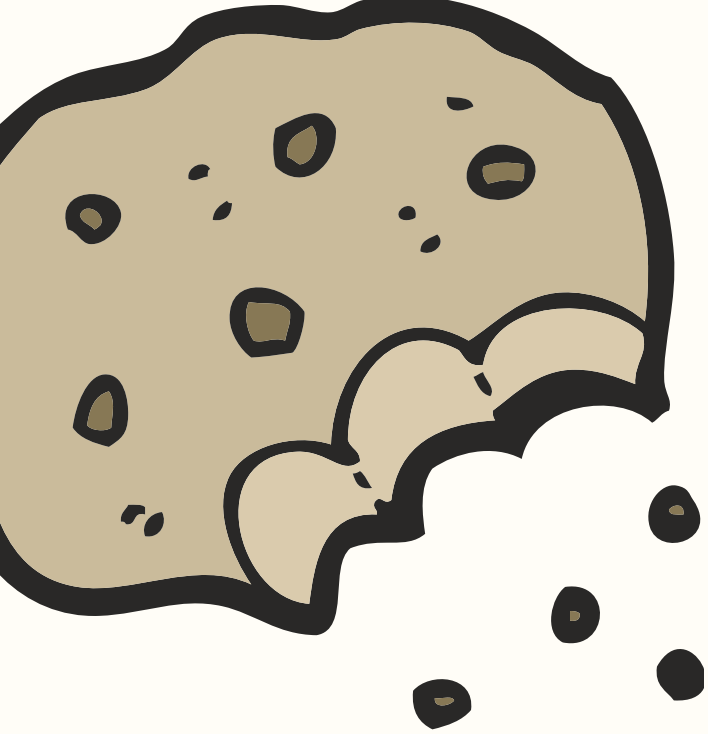
Week commencing: 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	<p>Salmon fishcake, Ziggy fries with baked beans or broccoli</p>	<p>Minced Halal beef & onion puff pastry pie with mashed potato, carrots & gravy</p>	<p>Roast Halal turkey, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p>	<p>Mild Halal chicken curry with rice, sweetcorn & mini naan bread</p>	<p>Halal chicken nuggets & chips with baked beans or peas</p>
VEGETARIAN /VEGAN	<p>Quorn vegan sausage, Ziggy fries with baked beans or broccoli</p>	<p>Quorn mince & onion puff pastry pie with mashed potato, carrots & gravy</p>	<p>Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p>	<p>Mild mixed vegetable curry with rice, sweetcorn & mini naan bread</p>	<p>Vegan Quorn nugget & chips with baked beans or peas</p>
JACKET POTATO	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>
DESSERT	<p>Frozen yogurt</p>	<p>Chocolate brownie</p>	<p>Jelly</p>	<p>Fruity flapjack</p>	<p>Ice cream</p>

A SELECTION OF FRESH FRUIT, SALAD, BREAD AND YOGURTS AVAILABLE DAILY.
FOR INFORMATION REGARDING ALLERGENS AND DIETARY NEEDS, PLEASE SPEAK TO THE SCHOOL OFFICE.



WE ARE A NUT FREE SCHOOL



WEEK 2 LUNCH MENU



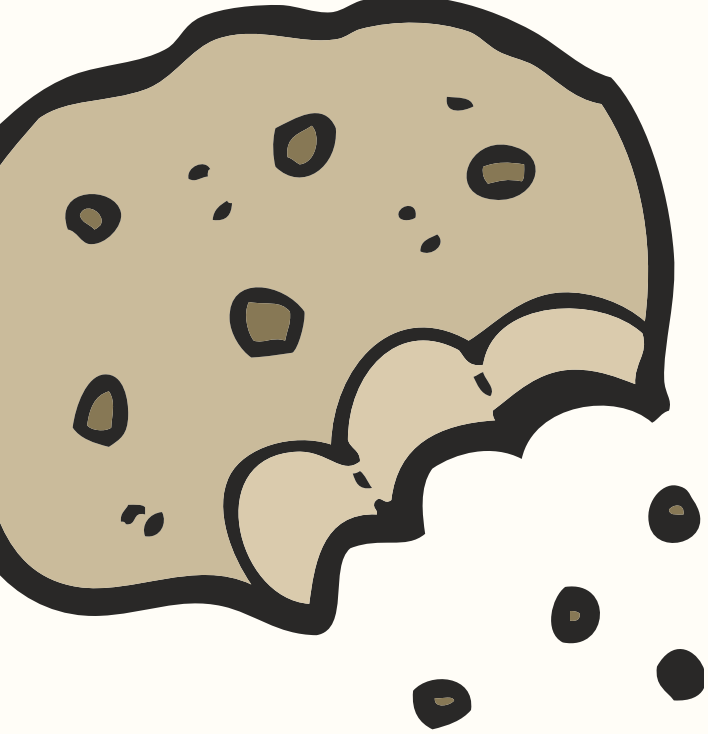
Week commencing: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03,

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	<p>Ham & cheese pizza with potato wedges & sweetcorn</p> 	<p>Halal chicken & vegetable pie with new potatoes & broccoli</p> 	<p>Roast gammon, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Halal beef pasta bolognese with carrots</p> 	<p>Beef burger & chips with baked beans or peas</p> 
VEGETARIAN /VEGAN	<p>Cheese pizza with potato wedges & sweetcorn</p> 	<p>Quorn pieces & vegetable pie with new potatoes & broccoli</p> 	<p>Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p> 	<p>Quorn mince bolognese pasta with carrots</p> 	<p>Quorn burger with chips & baked beans or peas</p> 
JACKET POTATO	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p> 
DESSERT	<p>Frozen smoothie</p>	<p>Chocolate muffin</p> 	<p>Jelly</p>	<p>Fruity flapjack</p> 	<p>Raspberry ripple ice cream</p> 

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WEEK 3 LUNCH MENU



Week commencing: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03,

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT	<p>Breaded chicken steak, Ziggy fries with baked beans or broccoli</p>	<p>Homemade Halal beef cottage pie with carrots or baked beans</p>	<p>Roast Halal turkey, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p>	<p>Halal chicken in sweet & sour sauce with rice or egg noodles & sugar snap peas</p>	<p>Gluten free fish & chips with baked beans or peas</p>
VEGETARIAN /VEGAN	<p>Vegan sausage roll, Ziggy fries with baked beans or broccoli</p>	<p>Homemade Quorn mince cottage pie with carrots or baked beans</p>	<p>Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding & gravy</p>	<p>Stir fry vegetables in sweet & sour sauce with rice or egg noodles & sugar snap peas</p>	<p>Fishless finegrs & chips with baked beans or peas</p>
JACKET POTATO	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>	<p>Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo</p>
DESSERT	<p>Sugar ring doughnut</p>	<p>Chocolate brownie</p>	<p>Jelly</p>	<p>Blueberry muffin</p>	<p>Ice lolly</p>

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