



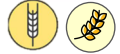






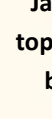
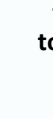

















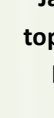
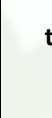
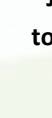
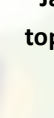














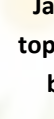
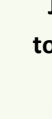
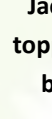
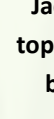






# Spring/Summer Menu

SECAT

Week commencing: 15/04, 06/05, 03/06, 24/06, 15/07

WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Meat	Salmon fishcake, new potatoes and broccoli 	Ham pizza, wedges & sweetcorn 	Roast Halal Turkey, roast potatoes, mixed vegetables, Yorkshire pudding and gravy 	Cheesy Halal chicken quesadilla with rice & carrots 	Pork sausages, chips & beans or peas 	GLUTEN
	Vegetarian /Vegan	Tomato pasta bake with broccoli 	Cheese pizza, wedges & sweetcorn 	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding and gravy 	Cheesy vegetable quesadilla with rice & carrots 	Vegan Quorn sausage, chips & beans or peas 	SOYA
	Jacket potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	EGGS
	Dessert	Frozen yogurt 	Macaroon traybake 	Fruity jelly	Fruity flapjack 	Ice cream 	MILK
WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Meat	Gluten free pork meatballs with rice & broccoli 	Halal chicken and pepper traybake with cous cous & sweetcorn 	Roast gammon, roast potatoes, mixed vegetables, Yorkshire pudding and gravy 	Halal beef pasta bolognaise with carrots 	Halal battered chicken nuggets with chips & beans or peas 	WHEAT
	Vegetarian /Vegan	Plant based meatballs with rice & broccoli 	Vegetable & chickpea traybake with cous cous & sweetcorn 	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding and gravy 	Lentil bolognaise pasta with carrots 	Vegan Quorn nuggets with chips & beans or peas 	DAIRY
	Jacket potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	FISH
	Dessert	Frozen smoothie	Pear & chocolate sponge cake 	Fruity Jelly	Cornflake cookie 	Raspberry ripple ice cream 	MUSTARD
WEEK 3		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Meat	Breaded chicken goujons with mashed potato & carrots 	Beef burger with potato wedges & sweetcorn 	Roast Halal Turkey, roast potatoes, mixed vegetables, Yorkshire pudding and gravy (H) 	Chicken & bacon tomato pasta bake with broccoli 	Gluten free battered fish fillet with chips & beans or peas 	SESAME
	Vegetarian/Vegan	Breaded vegetable nuggets with mashed potato & carrots 	Quorn burger with potato wedges & sweetcorn 	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding and gravy 	Tomato pasta bake with broccoli 	Quorn fishless fingers with chips & beans or peas 	LUPIN
	Jacket potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo 	CELERY
	Dessert	Frozen yogurt 	Macaroon traybake 	Fruity Jelly 	Fruity flapjack 	Ice lolly	NUTS
We are nut free schools							

A selection of fresh fruit, salad, bread and yogurts available daily.

For information regarding allergens and dietary needs, please speak to the school office.