

Personal, Social & Emotional

Mirror, Mirror

Use a mirror and see how many faces you can make to express different emotions such as happy, sad, scared,



Spreading Kindness

Think about someone in your family and tell them why you love them; what do they do that makes you smile?

Helping hand

Help your parent to dust or learn to use the Hoover

Communication

Hide & seek instructions

Play hide and seek with your toys and take it in turns to give instructions Turn left/right, go under the table, look behind the chair next to the shoe.

Rhyme

Play rhyming games-Make up silly rhymes with different toys- E.g. the car went far, the frog sat on the dog. Can your child go on a rhyming hunt and record the rhyming words?



It's good to talk

to a friend on the telephone or via facetime /

Physical Development

Exercise

Exercise daily! Tune in for an episode of '[Andy's Wild Workouts](https://www.youtube.com/channel/UCAXW1XT0iEJo0TYIRfn6rYQ)' or Joe Wicks at

9am <https://www.youtube.com/channel/UCAXW1XT0iEJo0TYIRfn6rYQ>

Cooking-Fruit Ice lollies

<https://www.jamieoliver.com/recipes/fruit-recipes/strawberry-ice-lollies/>

Strengthen fine motors skills with these



Understanding the World

Dancing raisins experiment

<http://coolkidscience.com/dancing-raisins/>



The World

Learn about another country! Look at the flag- can you copy the image? Talk about the weather, language, clothes they wear, maybe even cook some food from this country! How far is this country to England?

Ice, Ice baby

Freeze some objects in some ice and let your child

Expressive Arts & Design

Show time!

Put on a show for your family! Use different voices for your characters. Can you make props for your show?

Music Man

Make an instrument for your show by using junk modelling



Exploring colour!

Spend time colour mixing- Use different food colourings and kitchen roll and see what happens



Literacy (Reading & Writing)

Daily Story sharing

Sharing a book together is one of the most valuable things you can do with your child. Why not take it in turns to read? Read outside, in bed, under a table... be creative and enjoy as many stories as you can!

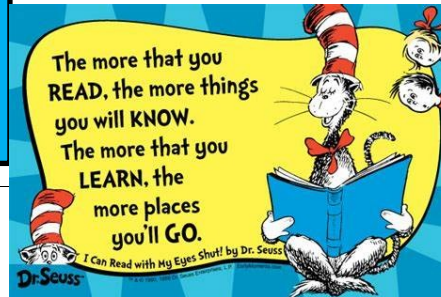
Make a story book about your family-Use photographs

Spend time making marks and patterns using different media such as chalks, paint brushes, rollers, cotton buds, plastic utensils and water

Practise saying the sounds (phonemes) in your name then practise forming the letters correctly

Continue Oral blending words

say the sounds for example
c-a-t can your child hear the



Mathematics

Learning Maths Through Play

Role Play:

Set an ice cream hut in your garden



Talk about quantity, weight and height. Use vocabulary big, small, tall, short, shorter,



Garden phoneme hunt!

Adult to chalk sounds on the fences, floor, anywhere and the child hunts for them and uses a medicine syringe

