



## SECAT DROP ZONE BREAKFAST CLUB MENU

WEEK 1

Milk  
Cereals  
Toast, Butter, Jam  
Crumpets  
Fruit  
Water

\*\*\*Gluten free bread, non-dairy spread, non-dairy milk available\*\*\*

## SECAT DROP ZONE AFTER SCHOOL CLUB MENU

WEEK 1

Pitta bread  
Dairylea Cheese Triangles, Ham  
Bread, Butter, Jam  
Cucumber, Peppers  
Fruit  
Frubes  
Water, Milk

\*\*\*Gluten free bread, non-dairy spread, non-dairy milk available\*\*\*





## SECAT DROP ZONE BREAKFAST CLUB MENU

WEEK 2

Milk  
Cereals  
Ready Brek  
Toast, Butter, Jam  
Fruit  
Water

\*\*\*Gluten free bread, non-dairy spread, non-dairy milk available\*\*\*

## SECAT DROP ZONE AFTER SCHOOL CLUB MENU

WEEK 2

Mini Bread Rolls  
Ham, cheese  
Bread, Butter, Jam  
Cucumber, Peppers  
Fruit  
Raisins  
Water, Milk

\*\*\*Gluten free bread, non-dairy spread, non-dairy milk available\*\*\*

