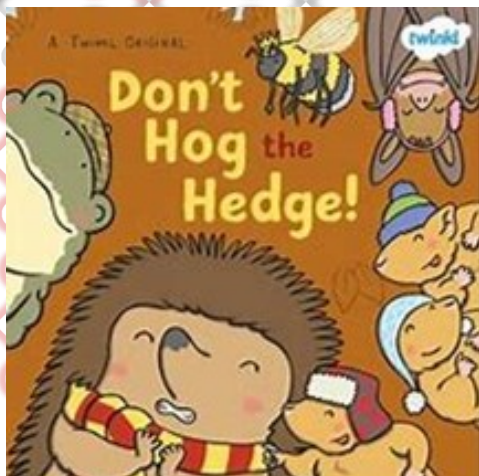


Autumn Term Newsletter Week 7 20th October 2023

Turtle & Starfish Class



This week in Nursery, we have been looking at the season Autumn. We read the story Don't Hog the Hedge and learnt about hibernation. The children enjoyed learning about hedgehogs and how they sleep during the winter. They had a go at making their own hedgehogs with the playdough and made hedgehog rolls for cooking.

We have been learning some poems about Autumn and the leaves falling to the ground. The children were able to talk about the leaves changing colours. We have been looking at colours and mixing them to see what happens.



The children have also enjoyed exploring the Autumn sensory tray. The pumpkin was a huge hit. The children have been talking about pumpkin picking and Hallowe'en.

Next week is half term. Please upload your own Tapestry observations of activities that you do with the children over the holiday, so we can discuss these with them when we return.

Have a great half term, everyone!

Mrs Attard, Mrs Brant, Mrs Cochrane, Mrs Low, Mrs Mota, Mrs Bowser.

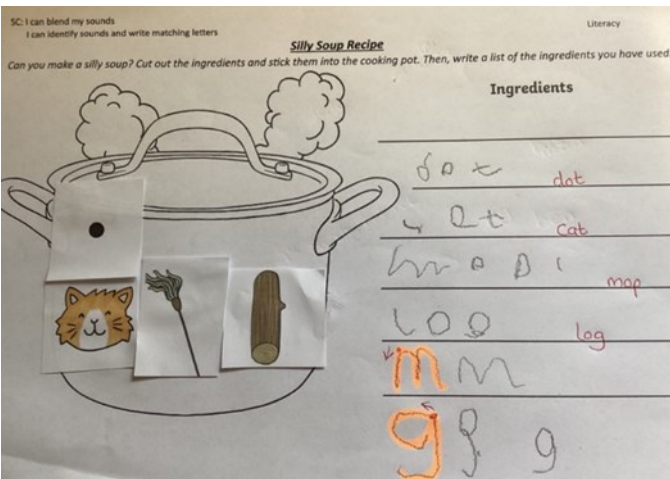


Seahorse Class



This week, Seahorse Class have been looking at our senses. We discovered we have 5 senses – touch, sight, taste, hearing and smell. We then matched each sense to the body part we would use. We discussed that although we use our hands to touch, it is our skin that can feel different sensations. Later in the week, we discussed which objects we liked and did not like to touch, taste, see, hear and smell. Ideas included: garbage, apples, flowers, teddy bear, music, tv and ice cream.

In Literacy, we have made silly soup by putting CVC pictures into a mixing bowl and orally blending the words as a class. This led to the children creating their own silly soup. They chose 4/5 pictures, glued them onto a cauldron and wrote the ingredients list. The children have been working hard on letter formation. We have also been developing our listening and attention skills by listening to sounds and matching them to the corresponding pictures.



In Maths, the children have been exploring 1 more and 1 less. We realised that 1 more meant counting on by 1 and 1 less meant counting back by 1. The children have investigated this concept through singing nursery rhymes, building towers and moving ourselves when in a line.

Throughout the week, the children have played hide and seek, made potions from peppermint and basil water, moulded using cinnamon playdough, had outdoor picnics, and dug in the sandpit.

The children have been introduced to the reward system of 'Catch Me!'. They have begun to receive a catch me from an adult who catches them making the right choices independently.

Well done, Seahorse Class for your first half term at school. Have a lovely break.

Do not forget that Monday 30th October is an inset day, the children return on Tuesday 31st October.

Mrs Newman, Mrs Penny and Mrs Mota



Oyster Class



The children have done ever so well this half term and achieved so much!

This week, we have written our own stories in English and shared these as a class. In Maths this week, we have been learning all about greater than, less than and equal to with the help of Blockzilla from Numberblocks.

The children have been developing their sending and receiving skills in PE this half term and worked towards their own football, dodgeball and basketball games this week. They had lots of fun!



Congratulations to our Presentation Queen from last week, Daisy and this week's Presentation King, Oliver! These children have done particularly well with their handwriting all week.

Have a lovely and restful half term, Year 1.

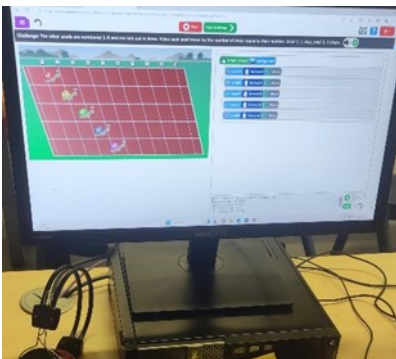
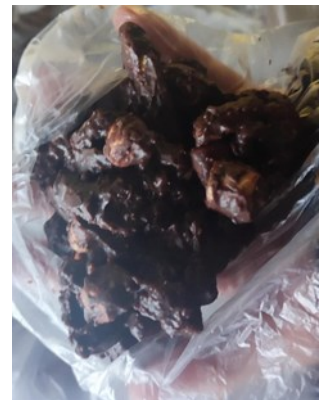
Miss Bradley and Mrs Tarling



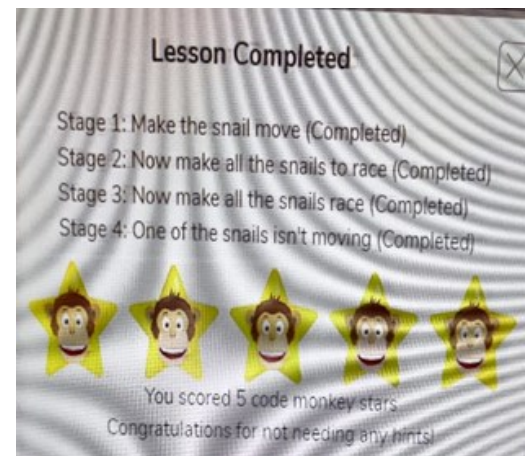
Seagull Class



This week, the children have been very excited about our science. We learnt about John McAdam, an inventor who worked hard to develop safer roads using his 'macadamisation' approach. He was able to change the structure of roads by changing the materials used to make them, using a combination of large, medium and smaller rocks which made the roads less muddy and dangerous. We decided to explore his approach by making our own 'rocky' roads. We used biscuits for the larger rocks, marshmallows for the medium rocks and raisins for the smallest rocks. Instead of tar, we joined them with melted chocolate. The children were very eager to take their science home to eat at the end of the day!



In our computing lesson this week, we have continued to develop our coding skills. We were challenged to complete a snail race by giving the on screen snails the necessary commands to move along the track. We did this first by setting the algorithm for how many steps each snail would travel, then by setting the snails to move a random number of steps.



What a fabulous end to the half term, Year 2.
Wishing you a wonderful week off with your family.

Mrs Oakley and Mrs Merton.

Heron Class

This week in Heron class, we finished our poetry unit Autumn Is Here. The children created their own Autumn inspired poems, and I was absolutely blown away at the incredibly well thought out work they produced.

The highlight of the week had to be our amazing workshop day. Everyone embraced their inner cave person and by the end of the day we were raging Celtic tribes.



The costumes were amazing – a big thank you to all the parents and carers who worked so hard to dress their children in such inspiring outfits.

The children had an incredible time, and I am sure they will be bursting to tell you all about it at home.

Have a fabulous half term!

Mrs O'Donnell and Mrs Edwards



Curlew Class



Well then, Year 4. You fabulous people have now completed your first half term! This week has, of course, been as fantastic as always.

In RE, we have considered the important events that are relevant to our own lives and that of our families and local community.

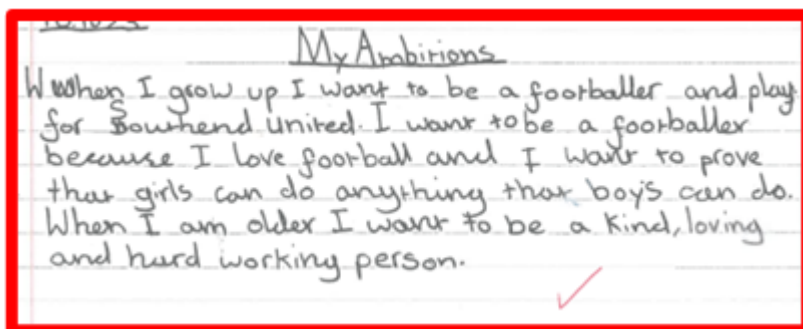
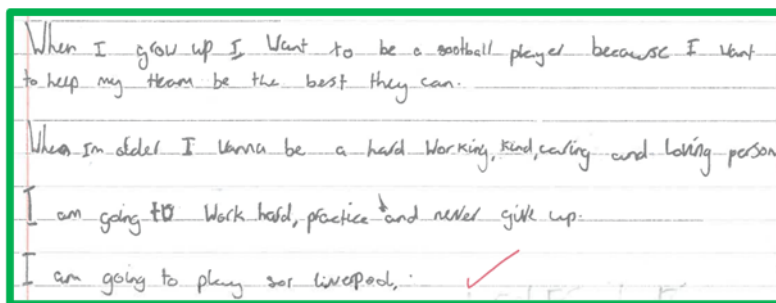
In PSHE, we continued learning about the importance of Black History in our society. We learnt about Demi Stokes, who is a successful black female football player. All children thought about their own ambitions and the qualities they will need to achieve these.

In science, we learnt about tornadoes – how they are formed, how they are classified, and how scientists monitor and learn about them. The children worked in small groups to match and order pictures about the intensity of tornadoes, and then wrote about their understanding.

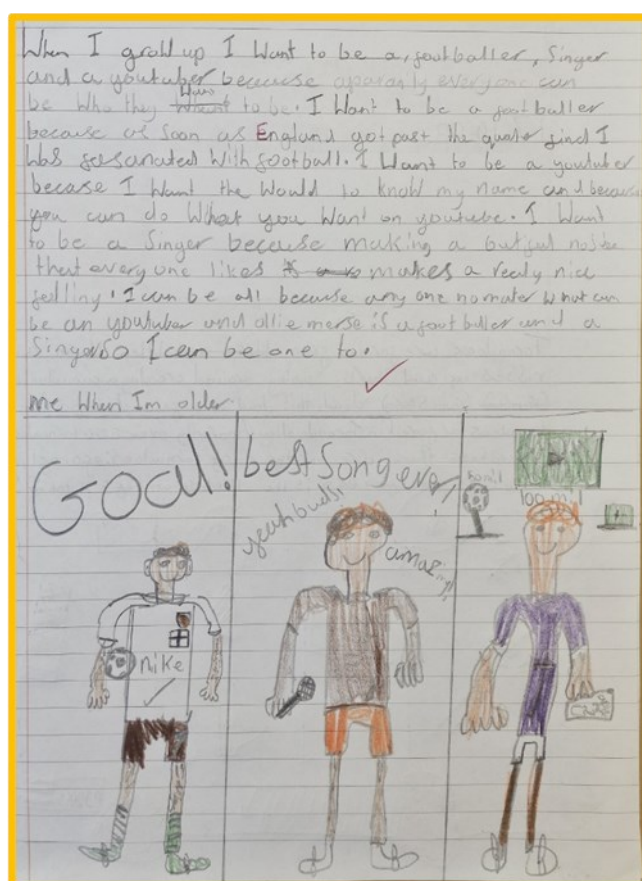
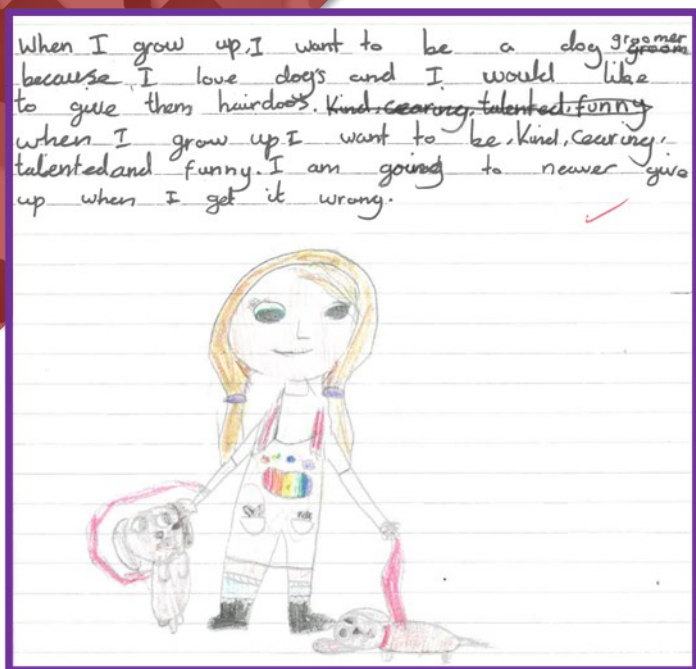
Have a fabulous half term break, Year 4. You are all complete superstars and deserve a rest after working so hard this half term.

#besteverinthewholeworld

Miss Eakins and Miss Brailsford



Curlew Class



"People from different cultures and countries are brought together by the love of football."

Demi Stokes



No room for racism

"Even if you have very little, you can go on and do whatever you want, and be whoever you want to be."



"If you stick at it and you keep doing what you're doing, you will get your chance."

Sanderling Class

Sanderling Class had a fantastic time at Gilwell Park. Please see the link for our Instagram

[Hinguar Primary School \(@hinguarprimary\)](#) • Instagram photos and videos

Avocet Class

This week, Year 6 have continued analysing Olive the evacuee's story, writing from her perspective and exploring the horrors of 'Kristallnacht' for the Jews during World War 2. In Maths, we have begun to recap our understanding of fractions and develop our knowledge of adding and subtracting fractions and mixed numbers.

In PSHE, we have been considering the benefits of a regular sleep routine and how we can improve our own sleep habits including; switching off screens at least an hour before bed, doing something relaxing like reading or having a bath, having a tidy room. In RE, we have been exploring the Christian beliefs and customs associated with death.

Well done, Year 6 for a fabulous half term. Enjoy your week off and come back refreshed ready to work hard for the second half.

Mrs Calvy, Ms Hardy and Miss Brailsford

PUBERTY & SLEEP



As we get older, our sleep needs and patterns change. As children become teenagers, they need a bit less sleep each night (usually about 9 or 10 hours sleep per night).

Teenagers usually want to go to sleep and wake up about 2 hours later than younger children or adults. This is called a shift in their 'internal body clock'.

During puberty, a person's body produces new hormones and this mostly happens when they are in a deep sleep.

By getting good sleep the body can grow and develop during puberty. This will help to improve memory and learning. Good sleep might also reduce some other issues during puberty such as moodiness, getting spots or putting on weight.

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QUESTION	ANSWER
How much sleep do children need each night?	9-10 hours
Find 3 things to start doing that help someone get good sleep:	1. Have a clean room 2. Don't use caffeine 3. Don't watch TV before bed.
Find 3 things to stop doing that would help someone sleep:	(No. 2 + No. 3) Don't go to bed late.
What happens during sleep when someone starts puberty?	You produce new hormones.
Why is it important to get good sleep?	You develop faster and you have more energy
*CHALLENGE question: Why is it more important to get sleep during puberty?	So your body changes.

© PSHE Association 2019 27

During my stay at Budmouth, I made a bond with a tall, resilient, Jewish girl by the name of Esther Jenkins, who had fled the ~~persecution~~ ^{angry} wrath of the Luftwaffe, as a part of the Kindertransport.

She comprehended me of 'Kristallnacht' (the night of broken glass) when her whole town ^{Sentiments} towards her 'Kristallnacht' (the night of broken glass) when her town was ^{jeopardised} ~~persecuted~~, burned to ashes, brutally attacked and desecrated, but why did this happen?

She had an ^{inspiration} ~~inspiration~~ an ingenious inspiration; a tremendous inspiration, the most magnificent inspiration. I was itching to chip in.

Steps to success

- Complex sentence
- Repetition
- Repetition

During my spell at Budmouth I wrote a spirited and hardened Jewish girl ~~disturbed~~ ^{disturbed} Esther Jenkins she had fled from her hometown with the help of the Kindertransport due to the ~~anger~~ ^{wrath} of Adolf Hitler's Nazis.

With tears swelling up in her eyes, she ~~expressed~~ ^{expressed} her most emotional words, 'Kristallnacht' (the night of broken glass) when the entirety of her lovely hometown was put in jeopardy, burned to ashes and brutally persecuted into emigration.

After much considered thought she had an inspiration: an ingenious inspiration, a prodigious inspiration, an ~~most~~ ^{most} exceptional inspiration. I was impatient to assist.

School Menu

Week commencing: 11/09, 02/10, 30/10, 20/11, 11/12						
WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Meat	Salmon mac & cheese with sweetcorn	Battered chicken chunks with rice & peas	Roast turkey, roast potatoes, mixed vegetables, yorkshire pudding and gravy (H)	Spaghetti bolognaise with carrots (H)	All day breakfast
	Vegetarian /Vegan	Mac & cheese with sweetcorn	Vegetable nuggets with rice & peas	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, yorkshire pudding and gravy	Quorn spaghetti bolognaise with carrots	Vegetarian all day breakfast
	Jacket potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo
	Dessert	Frozen smoothie	Shortbread	Jelly	Cherry sponge with custard	Frozen mousse

Please note there have been some changes to the menu

School lunch costs

I am sure you will be well aware of surging food costs and the difficult inflation situation we are all living with at the moment. This has meant uncertainty and massive price variability for our catering team as we continue to try to deliver the best possible school meals for the children at our schools. Schools up and down the country are having to significantly increase meal costs and this is impacting on families already struggling with the cost of living crisis.

With this in mind we are very pleased to advise you that we will not be increasing the cost of school lunches and this will remain for the school year 23/24. This is part of our support to you as families. We have been able to get to this point by working together as a Trust to make the most of our collective buying power and in house provision of catering. We hope this is a rare bit of good news in a world where prices seem to be rising almost daily.

The Dinners option and the Clubs & Trips option is accessible via the menu in the MCAS app and via a web browser.

If you do not have access to *MCAS*, please contact the school office who will be able to send you an *invitation code* and *link* to activate your personal account.



Awards and Notices

Ashley Banjo



Mo Farah



Ellie Simmonds



Jamie Oliver



Dress for Success

The class which achieves the best attendance, every half term, will be allowed to come to school in non-uniform the following Monday.

The winners for this half term are,

KS1 Seahorse Class, having attendance of 97.11% overall

and in KS2 Heron Class with 96.20%.

Both classes can come into school on Tuesday 31st October in non-uniform that is appropriate for school. Well done!

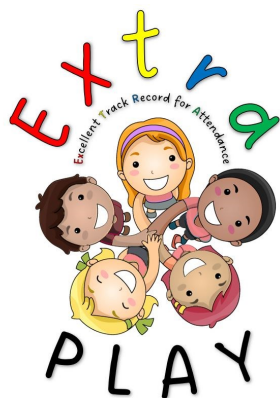


100% Attendance and Punctuality Prize

Each week, during our celebration assembly, we congratulate good attendance as a whole class.

This week in KS1, Alice the Bunny was won by Seahorse Class with 97.55% and KS2 the attendance cup was awarded to Curlew Class with 96.33%.

The classes will be rewarded with an extra turn on the play equipment.





Awards and Notices



Catch Me! Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.

Well done to Felicity in Heron Class on achieving their Bronze Catch Me! Awards.

Before and After School Booster Groups

Since September, we have been running several before and after school booster groups as an opportunity for the children to engage in extra tuition in small groups. This is to enable them to close the gaps in their learning in specific areas, identified as a result of the pandemic. It is disappointing that these groups have not been completely supported, so far this year. These are government funded spaces and it is encouraged that if your child is invited to attend, they should attend any sessions identified. Attendance at these groups could make the difference to your child achieving the best results possible.

In Y6, last year, pupils who were identified as not meeting the expected standard in either reading, writing or maths and attended the sessions, massively improved their outcomes at the end of the year. In fact, several of them went on to achieve Greater Depth in their SATs.

Please be assured that there is no stigma or label attached to these groups. It is an opportunity to work in a small group with a trained member of staff, FOR FREE! Private tutors charge in excess of £40 for similar opportunities. So please, if your child is identified to attend one of these groups, do support them to do so, as it could make a huge difference to them making even greater progress in their learning.

Together We Achieve!

Midday Assistant Vacancy

Hinguar Primary School is looking for a Midday Assistant to join our current midday team, to care and support all the children on the school premises during the midday break.

If you are interested in joining our team details of the vacancy will shortly be available on the SECAT website.

Term Dates / Dates for Your Diary

Please note that school, including Nursery, will close to pupils at 1:00pm on Wednesday 20th December 2023 and Friday 19th July 2024.

There will be revised lunchtimes on these days.

Breakfast club will run as normal on these dates, but there will be no after school club.

Autumn term 2023 dates (updates in red)

Y1 Guy Fawkes/ Y2 Great Fire of London Workshop	1st November 2023
Individual Photos	2nd November 2023
Pupil Advocate Meeting	3rd November 2023 1.30—2.15
New Reception Parent Meeting September 24/25 Intake	9th November @ 3.30pm or 16th November @ 9.30am
Parent Consultations	14th & 16th November 2023 3.30pm— 6.30pm
Children in Need Stalls (lunchtimes)	15th, 16th and 17th November 2023
Class Colour Hamper Donation Week (FOH)	w/b 20th November 2023
FOH Christmas Market	23rd November 2023
Whole School Assessment Week	w/b 27th November 2023
FOH Children's Christmas Fair	1st December 2023
Y6 trip to Duxford	5th December 2023 (change of date)
KS1 Christmas Production	6th December 2023 @ 9.30am
FOH Secret Santa	11th, 12th & 14th December 2023 (lunchtimes)
Reception Nativity	12th December 2023 @ 3.30pm
Christmas Lunch	13th December 2023
Nursery Nativity	14th December 2023 @ 9.30am
FOH Christmas Raffle Draw	15th December 2023

Spring Term 2024 dates (updates in red)

Choir at the O2	30th January 2024
FOH Adult Quiz Night	9th February 2024
Whole School Assessment Week	w/b 12th February 2024
Mother's Day Stalls	4th, 5th & 6th March 2024
Y2 Arctic and Antarctic Workshop	27th March 2024



Term Dates / Dates for Your Diary

Spring Term Dates contd 2023 (updates in red)

Parent Consultations	5th & 7th March 2024 3.30pm—6.30pm
World Book Day	7th March 2024
Aspirations Week	w/b 11th March 2024
Reception Stick Man Day (Danbury Park)	27th March 2024
FOH Easter Egg Hunt	28th March 2024

Summer Term Dates 2024 (updates in red)

Bank Holiday (May Day)	6th May 2024
Y6 SATs Week	w/b 13th May 2024
Y6 to Chigwell	20th—24th May 2024
Father's Day stalls	10th, 11th, 12th June 2024
YR—Y5 School Assessment Week	w/b 24th June 2024
FOH Discos	27th June 2024
Sports Day & Picnic	1st July 2024
Y6 Transition Day	5th July 2024
Yrs R-5 Transition Morning	5th July 2024
FOH Summer Fair	6th July 2024
Reserve Sports Day	8th July 2024
Whole School Open Evening	11th July 3.30pm—5.30pm
Hinguar's Got Talent	15th July 2024
Volunteer Afternoon Tea	16th July 2.15pm

Term Dates for Academic Year 2023-2024

Autumn Term: Friday 1st September 2023—Wednesday 20th December 2023
 Half Term: 23rd October –27th October
 Spring Term: Thursday 4th January 2024—Thursday 28th March 2024
 Half Term 19th February –23rd February
 Summer Term: Monday 15th April 2024—Monday 22nd July 2024
 Half term 27th May –31 May, and May Bank Holiday 6th May

Inset Days 2023/24

Friday 1st September 2023
 Monday 30th October 2023
 Friday 16th February 2024
 Friday 28th June 2024
 Monday 22nd July 2024

Inset Days 2024/25

Tuesday 3rd & Wednesday 4th September 2024
 Friday 29th November 2024
 Friday 14th February 2025
 Monday 24th February 2025