



Summer Term Newsletter Week 29 12th May 2023

Sensory Support

Holds it together at school, then has an after-school collapse at home.

Sensory Explanation: The school day is full of multi-sensory input, placing great demand and stress on the nervous system. This is especially difficult for those who struggle modulation and self-regulation, The child tries so hard to follow the rules of the classroom and to please the teacher and staff, as well as meet the social expectations of peers. When the child returns home from a long day of stress on the nervous system, a child may simply need to melt down to let it all out in an environment where the child feels safe, is not judged by others and can be with those who love and respect the sensory difference.

Ideas to Help!

Respect this is a true sensory signal that the school day was overwhelming and incredibly challenging.

- Decrease the amount of stimuli for at least an hour when the child gets home from school.
- Try not to ask them direct questions or request decisions be made.
- Refrain from chores, homework and other demands during the after-school hour.
- Try not to lean towards the theory of "Why do they do this at home and not at school? Doesn't that mean they can control it?"
- Offer a sensory retreat to help rewind and unload the sensory input from the day.
- Provide a swing (visit the park on the way home), or even an indoor hammock, as swinging in slow, rhythmical planes of movement can be very calming and regulating.
- Provide opportunities for calming music and sounds.

Please speak to your child's class teacher, Mrs Wilson (Learning Mentor) or Mrs White (SENCO) to find out any further information regarding this sensory subject



Southend City Council have sent a reminder of all the services that are available for those who are struggling with the cost of living.

The page on their website (below) identifies what and where support is available:

<https://www.southend.gov.uk/costofliving>



Coronation Plates Competition



Thank you to everyone who took part in the Coronation plate competition. All of the plates looked amazing, and we could clearly see how much time and effort all the children put into making them. This made the judging very hard and in the end, we had two winners in each class instead of one.

The winners were:

Nursery - Teddy and Eden-Grace

Reception - Poppy and Oliver G

Year 1 - George and Freddy

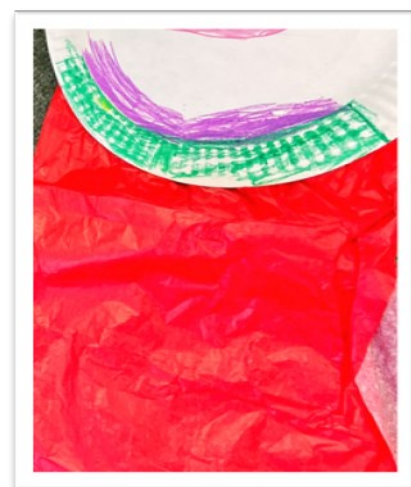
Year 2 - Zaha and Tommy

Year 3 - Sophelia and Finley

Year 4 - Olivia M and Bonnie

Year 5 - Jessica and Stanley

Year 6 - Lucy and Safwan

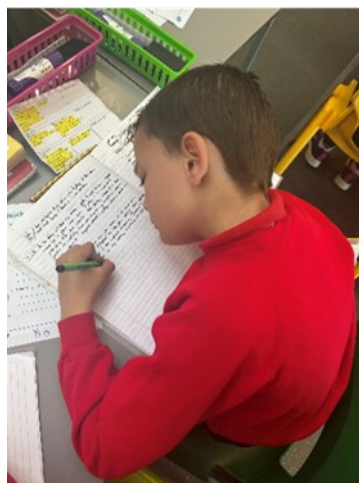
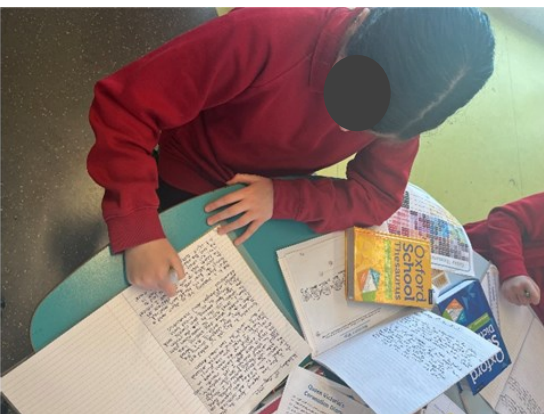


Sanderling Class

This week, we have finally finished our narrative from Dad's perspective in 'One Small Step'. All the children have 'wowed' me with their enhanced vocabulary and use of the Writing Rainbow, a new concept which has been introduced this half term.

In art, they have been learning about Keith Haring who draws in a cartoon style with simple outlines and movement lines. Haring liked his artwork to carry a meaning. In groups, the children chose a key message that they would like to get across to the school. Some groups decided to base their artwork around helping the environment.

Miss Mountier and Mrs Allen



Avocet Class

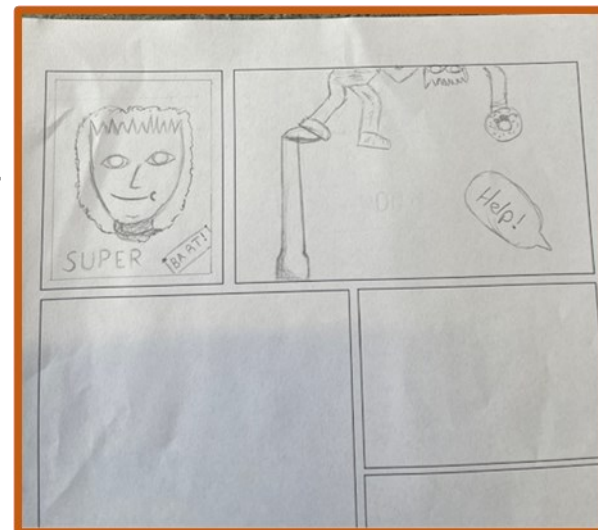
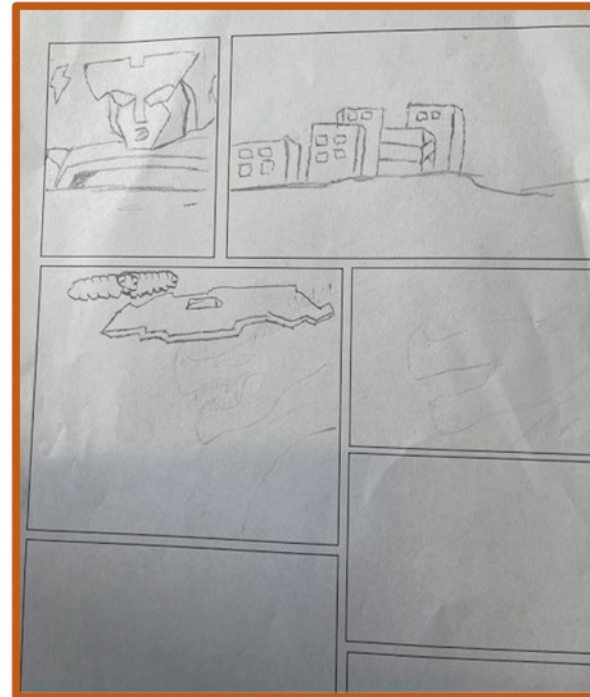
This week, Year 6 completed their annual SATs tests. A delicious breakfast was provided for them every morning, as well as snacks at break time. We have been so proud of the mature way they have applied themselves this week and all deserve huge congratulations. During the afternoon sessions, we have completed some light revision with our peers. Also, we have enjoyed creating our own storybook art based on the work of Stan Lee. In PE, we have continued to practice our field events as part of our Athletics training.

Enjoy a relaxing weekend, Year 6.

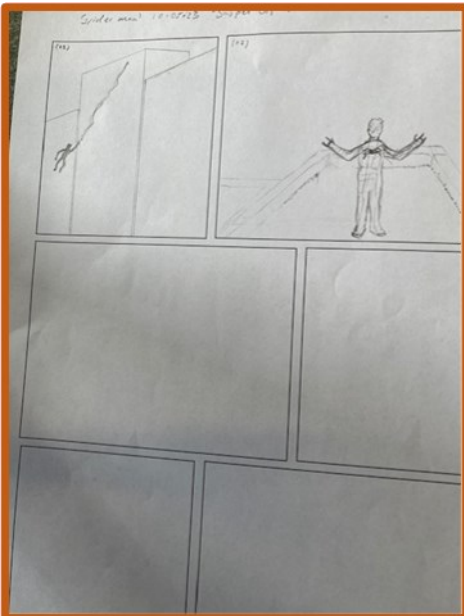
Best wishes,

Mrs Calvy, Mrs Attard and Ms Hardy

Year 6, you have been amazing this week and taken each test in your stride without being phased. I am so proud of each and every one of you. I hope that you enjoy a relaxing weekend and return ready and raring to go for your final few weeks at Hinguar.



Mrs Waite



Heron Class

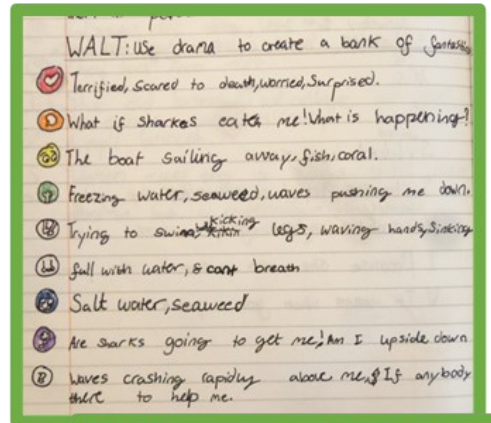
This week, our Hilarious Herons have been tapping into their inner Drama Queens. As part of our new Write Stuff English lessons, the children immersed themselves in a scene from the story. They all pretended to be the main character, Erin, as she fell overboard into a turbulent sea. The vocabulary and the sentences they produced afterward were phenomenal – and obviously they all had fun pretending to tumble off a boat.

Maths seemed quite dull by comparison, as they soldiered on with fractions. In Geography, they learned about the layers of the rainforest, in History they imagined they were writing a diary of a conquistador discovering the ancient Mayan Temple of Chitchen Itza and in PSHE they revisited the Pants Rule. Another amazing week from these fabulous children.

Have a great weekend everyone and we look forward to seeing you all on Monday morning for a little bit of Art and Design in Year 3!

Take care,

Mrs. Emmings and Mrs. Tarling



Other Achievements



As part of the big help out coronation event. Sigourney in Year 4 and her cub pack Great Wakering Sea Scouts went litter picking in Barling Magna.

She found lots of polystyrene and lots of other random things.

Well done, Sigourney !



Chloe, in Year 2, received her green Blue Peter badge for caring about the environment and nature.

She drew a picture of plastics in the ocean and wrote how she was worried about sea turtles because of all the pollution. She also wrote that she would love to meet David Attenborough and talk to him about all the animals he has seen and his work for the environment.

Chloe also told them about how she makes sure she recycles and does litter picks in her local area. Well done, Chloe!



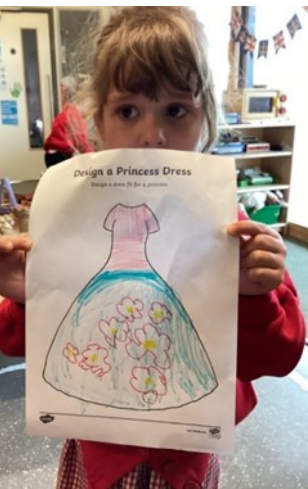
Seahorse Class



This week, we have continued our theme of royalty, but in fairy tales. We began the week by listening to *The Princess and the Pea* and discussed why the pea was put in between the mattresses. Later, we listened to *Knights and Dragons Unite*. Throughout this story we explored the meaning of words such as snout, steed, bemused, raucous and truce. We finished the week listening to *Into the Castle* and discovered the indoor and outdoor features of a castle.

On the mark-making table, the children have been designing princess dresses, making shields, colouring dragons and drawing around shapes to make robots, castles and faces.

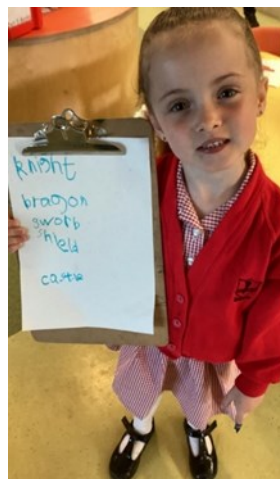
In Literacy, the children have been working hard on their Phase 4 words. They are also developing their skills of holding a sentence in their head, before writing it. In the classroom, the children have been hunting for words associated with knights and dragons.



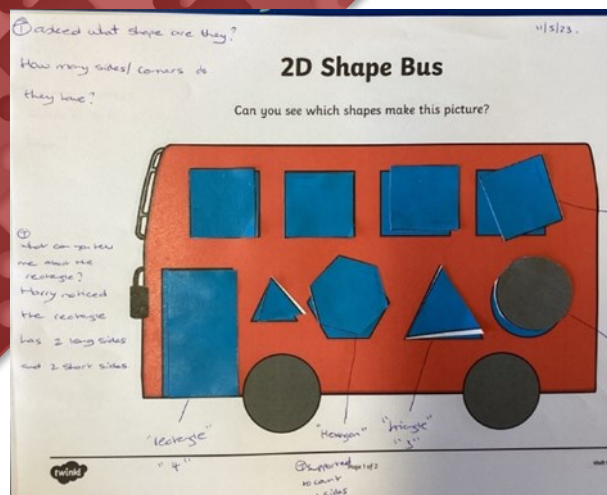
In Maths, we have explored spatial reasoning. We began by listening to the story *Grandpa's Quilt*, where his grandchildren were thinking how to keep his toes warm with a quilt which was too wide but not long enough. This led to great discussions on what the children should do to change the quilt. The children, then used 2D shapes to design their own quilts, however, they had to fit all the shapes within a specific area. Therefore, the children had to be mindful of which shapes to choose, and often needed to rotate them to fill the space.

Throughout the week, the children have enjoyed constructing castles and thrones, creating a potion shop and doctor's surgery, copying dance moves and throwing and kicking different sized balls.

Mrs Newman, Mrs Penny and Mrs Mota



Starfish Class



This week in Starfish class, our story focus has been 'The Naughty Bus.'

We watched a video of a double decker bus driving around a city. We discovered different features of the bus such as the drivers cab, ticket machine and destination display panel. We learnt that the bus used both petrol and electric to power the engine and we enjoyed telling each other about our own experiences of travelling by bus.

The children have been busy looking at shapes. They matched the shapes, used size language number names and mathematical language such as corners and sides to describe the shapes they used.



In the story, the bus falls into the pond. This led to lots of discussion about how we could rescue the bus and about keeping ourselves safe around water.

During messy play, we explored driving buses through spaghetti. We discovered that the spaghetti changed texture as the bus wheels broke it up. The messy buses then needed to be cleaned so we created a bus washing station with lots of sponges, brushes and bubbles!

In the garden, the children have been busy building their own bus with the large construction pieces so they can travel on their adventures.

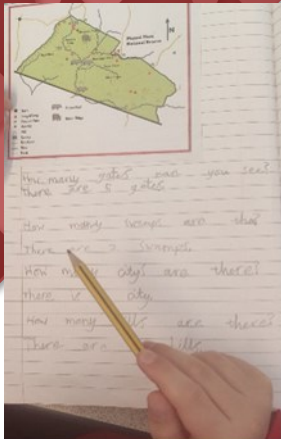
Our story focus next week will be 'The Train Ride?'



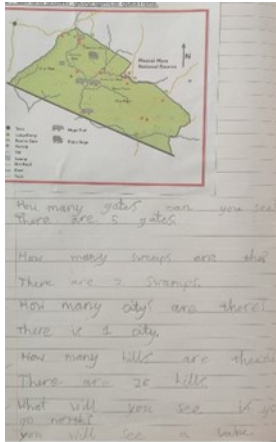
Well done, Starfish class on another busy week of fun and learning.

Mrs Brant, Mrs Cochrane, Mrs Bowser, Mrs Loe and Mrs Mota

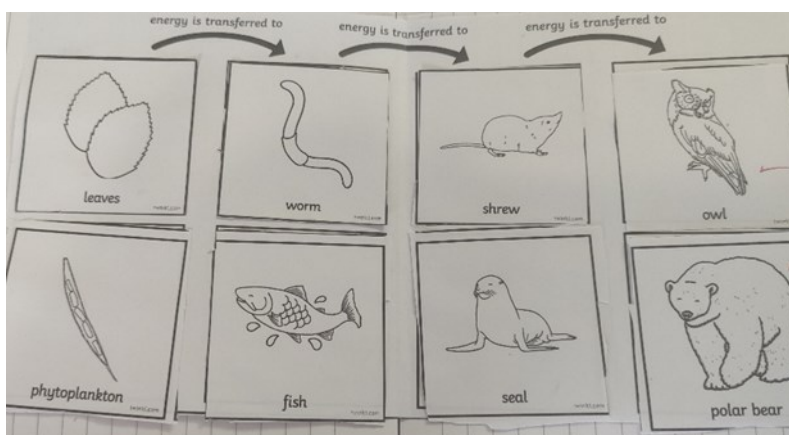
Seagull Class



This week in geography lessons, we have been learning about national parks in Kenya. We shared some facts and watched a video. The children were amazed by the size of the park! We went on to investigate a map of the Maasai Mara Reserve and use this to generate and answer questions.



In science lessons this week, we have been looking at food chains and learning the associated vocabulary.



A consumer is a animal who eats smaller animals or plant. A producer is a animal who feeds another animal. They are called a producer because it produces nutrients for other animals.

In maths this week, we have been looking at time. We have been reading o'clock, half past, quarter to and quarter past times. We have also been looking at 5 minute intervals and working out how many minutes to or past the hour are being shown on our clocks.



A great week, Seagulls. Well done!
Mrs Oakley, Miss Brailsford, Miss Hannah, Mrs Tarling
and Mrs Allen

Curlew Class

It has been a fantastic week, as always, in Year 4.

This week, we have started our new English unit. We have looked at an excerpt from the book 'A Roman Diary – The Journal of Iliona'. We investigated the 'shape' of the text and how a diary entry is created. We worked in pairs to order the text and match it to the 'shapes', and then used role play to image what it was like to be present at a Roman gladiator event.

On Thursday, we began a science enquiry to investigate the effect different drinks have on the human teeth. We used white shelled eggs, as the material is similar to teeth. Eggs were placed in water, milk, coke, lemonade, orange juice and apple juice, in order to observe the effects over the next week. Check in next week for the results!

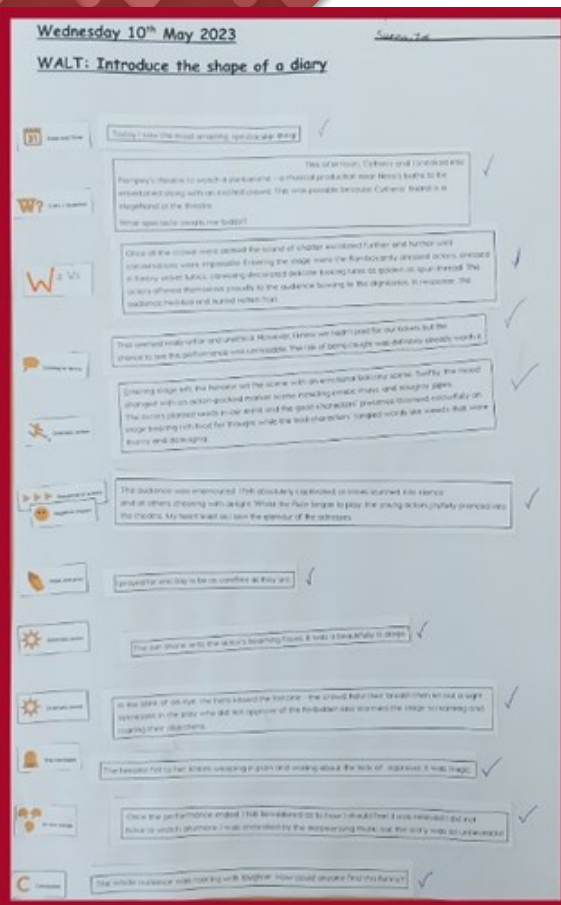
Well done, Fabulous Foursies for being as wonderful as ever.

Don't forget that families are invited into class next Wednesday morning to participate in all our fabulousness! We look forward to seeing you at 9:15 on Wednesday.

Have a great weekend.

Miss Eakins and Mrs Edwards

#learningwithEs



Oyster Class



In Year 1 this week, we have continued our learning about Fractions. The children have been finding halves and quarters of a shape or quantity. They have worked hard sharing into equal groups and making sure that each group has the correct amount.

In English we have been working on collecting vocabulary to write sentences. We went into the playground to play hide and seek this week in order to be able to describe ways to hide. The children were very creative in their hiding places!



When we went back to class where the children talked about how they squeezed themselves into small spaces and flattened themselves against the wall or ducked down behind the benches. I was amazed at how ambitious the vocabulary the children generated was. Later in the week, we have been discussing how our main character 'Noi's' Dad and how he might have felt upon discovering the hidden whale in his bathtub.

Well done on another amazing week, Year 1.

Mrs O'Donnell and Mrs Merton

Noi ^{watched} the whale
all ^{night} but he was
anxious that his dad
might be cross
Noi's dad smelled
the stinky smell
of the fish coming
from the bathroom.



Noi protected the whale all
night but he was anxious that
his dad might be cross. ✓

Noi's dad sniffed the fishy smell
of fish coming from the bathroom.



Together we achieve

TOGETHER WE ACHIEVE



School Menu

Week commencing: 27/02, 20/03, 24/04, 15/05, 12/06, 03/07,						
WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Meat	Shepherd's pasty, new potatoes and peas	Salmon mac & cheese with broccoli	Roast Turkey, roast potatoes, mixed vegetables, Yorkshire pudding and gravy	Sweet beef con carne, brown rice & sweetcorn	Jumbo Cod fish finger, chips, beans, spaghetti loops or peas
	Vegetarian /Vegan	Cheese and onion pasty, new potatoes and peas	Mac & cheese with broccoli	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding and gravy	Sweet lentil con carne, brown rice and sweetcorn	Vegan fishless fish finger, chips, beans, spaghetti loops or peas
	Jacket Potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo
	Dessert	Cookie or Jelly	Brownie or Jelly	Jelly	Fruit crumble & cream or Jelly	Ice cream sponge roll or Jelly

The Dinners option and the Clubs & Trips option will be accessible via the menu in the MCAS app and via a web browser.

If you do not have access to MCAS, please contact the school office who will be able to send you an *invitation code* and *link* to activate your personal account. **In July, end of year school reports will be available to access via MCAS. There will be no paper copies issued. Please make sure that you have activated your account before then to receive your child's report.**



Southend East Community Academy Trust



Awards and Notices

Catch Me! Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.



Well done to Bjorn and Henry in Seagull Class and Bonnie in Curlew Class on achieving their Gold Catch Me Awards.

Reading Champions

Well done to Zach Mck and Emily in Heron Class who are our latest Reading Champions.

If you would like to be awarded a Reading Champion badge, you must read a selection of challenging books from a variety of genres and then write a short review of ONE book that you have read. We have plenty more badges waiting to be handed out so let's see who will be next! We thank all families for their continued support in enabling our children to be Reading Champions and in fostering a love of reading.



'Together We Achieve.'

Times Tables

Congratulations to Catty, Sophelia, Sofia and Jake in Heron Class on achieving their Bronze Times Tables Certificate.

Congratulations to Zara in Seahorse Class and Lily and Jacob in Heron Class on achieving their Silver Times Tables Certificate.



Congratulations to Megan A in Heron Class on achieving her Platinum Times Tables Certificate.

Certificates and awards will be given out at assembly on Monday



AWARDS

Ashley Banjo



Mo Farah



Ellie Simmonds



Jamie Oliver



Student of the Week

Award Board

Avocet Class—

Sanderling Class—

Curlew Class—

Heron Class—

Seagull Class—

Oyster Class —

Seahorse Class—

Race to the Park

The winning classes for half term are rewarded with a trip to the local park. The winners of the race this term are,

KS1 Oyster and Seagull Classes are currently tied having attendance of 94.40%

and in KS2 Curlew 95.94%.

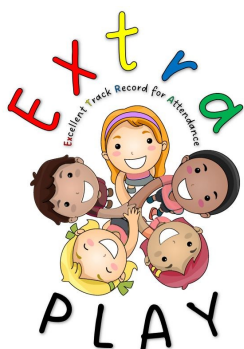


100% Attendance and Punctuality Prize

Each week, during our celebration assembly, we congratulate good attendance as a whole class.

This week in KS1, Alice the Bunny was won by Seagull Class with 97.85 % and KS2 the attendance cup was awarded to Avocet Class with 100 %.

The classes will be rewarded with an extra turn on the play equipment.



Summer Holiday Activities

DANCE SPORT WEEKS

have fun and dance all day!

Great opportunity for beginners to try dancing
or improve and learn new steps

10:00 - 15:00 Mon-Fri 24-28th July

10:00 - 15:00 Mon-Fri 7th-11th August

Whole week - £95.00

One Day - £25.00

Half Day - £15

Contact Carole 07766540757
email: strictlysmartz@gmail.com

1A Elm Road,
SS9 1SW,
Leigh-on-sea





Term Dates / Dates for Your Diary

Inset Days for Academic Year 22022/23

21st July 2023.

Term Dates 2022 / 23

Summer Term 17 April 2023 – 21 July 2023

Half Term 30 May – 2 June

King's Coronation Bank Holiday May 8th 2023

Summer term dates (updates in red)

Heron class parent open morning

15th May 2023 9.15—10.15

Gifted and Talented RE workshop (pupils only)

16th May 2023—pm

Y6 My Future, My Southend—Hospitality

16th May 2023 pm (in school)

Curlew class parent open morning

17th May 2023 9.15—10.15

Yrs 3 & 4 Quad kids

17th May 2023 am

Chigwell Residential Parent Meeting (present Y5)

17th May 2023 3.30pm

Gifted and Talented PE workshop (pupils only)

18th May 2023—pm

KS1 Quad Kids

19th May 2023 11.00—3.00

KS2 Music Festival area rehearsal

22nd—26th May (date tbc)

Gifted and Talented Computing workshop (pupils only)

23rd May 2023

Oyster class parent open morning

24th May 2023 9.15—10.15

KS2 swimming gala

24th May 2023 am

Y6 Money Workshop

25th May 2023 pm

Gifted and Talented Outdoor Learning workshop (pupils only) 6th June 2023—pm

Class photos

7th June 2023

Gifted and Talented MFL workshop (Yrs 3-6 only)

8th June 2023—pm

Pre-loved Uniform Sale

8th June 2023—2.45

FOH Coffee Morning (Women's Health)

9th June after morning drop off

KS2 Music Festival

12th - 16th June 2023 (date tbc)

KS2 Borough Sports

3th June 2023

Father's Day stalls

12th, 13th, 14th June 2023 (lunchtimes)

Gifted and Talented Music workshop (pupils only)

13th June 2023—pm

Gifted and Talented DT workshop (pupils only)

15th June 2023—pm

FUDGE (EYFS only)

16th June 2023—2.00—3.00

KS2 Music Festival

16th June 2023 (evening performance)

Year 4 Lullingstone Roman Villa visit

20th June 2023

Gifted and Talented Reading workshop (pupils only)

20th June 2023—pm

Sanderling class parent open morning

21st June 2023 9.15—10.15

Term Dates / Dates for Your Diary

Summer Term contd (updates in red)

FOH Colour Hamper Non- Uniform Day

23rd June 2023

Sports Day and Picnic Lunch

26th June 2023

Gifted and Talented Writing workshop (pupils only)

27th June 2023—pm

Yrs 4, 5 & 6 My Future, My Southend—STEM

27th June 2023 pm (in school)

Y3 My Future, My Southend—STEM

29th June 2023 pm (in school)

KS1 Borough Sports

30th June 2023

Assessment Week

3rd—7th July 2023

Gifted and Talented PSHE/RSHE workshop (pupils only)

4th July 2023—pm

Gifted and Talented Art workshop (pupils only)

6th July 2023—pm

Year 6 Transition Day

7th July 2023 (all day)

Meet New Teachers (Yrs R—5)

7th July 2023 (am only)

FOH Summer Fete

8th July 11am - 3pm

Reserve Sports Day

10th July 2023 (change of date)

Open Evening

10th July 2023 4.30pm—6.30pm

Years 5 & 6 Production

12th July 2023 @ 6.30pm and 13th July 2023 @ 9.30am

Volunteer Afternoon Tea

18th July 2023 @ 2.00pm

Year 6 Graduation

19th July 2023 @ 2.00pm

Year 6 Leavers' Disco

19th July 6.30pm—8.00pm

Y6 T-shirt signing/fun swim

20th July 2023

Term Dates for Academic Year 2023-2024

Autumn Term: Friday 1st September 2023—Wednesday 20th December 2023

Inset Days 2023/24

Half Term: 23rd October –27th October

Friday 1st September 2023

Spring Term: Thursday 4th January 2024—Thursday 28th March 2024

Monday 30th October 2023

Half Term 19th February –23rd February

Friday 16th February 2024

Summer Term: Monday 15th April 2024—Monday 22nd July 2024

Friday 28th June 2024

Half term 27th May –31 May, and May Bank Holiday 6th May

Monday 22nd July 2024

Please note that school, including Nursery, will close to pupils at 1:00pm on Wednesday 20th December 2023 and Friday 19th July 2024. There will be revised lunchtimes on these days. Breakfast club will run as normal on these dates, but there will be no after school club.