



Spring Term Newsletter Week 21 3rd March 2023

Parent Consultations— Parent evenings will be held on Monday 6th and Wednesday 8th March. Appointments can be booked on the MCAS app.

There will be no choir or homework club on Wednesday.

Permission to photograph pupils—

Parents can now update their child's photo permissions on the MCAS app. Please check your photos permissions are correct. This needs to be completed for each child.

FUN RUN—Herd in the City—Tuesday 7th March from 2pm-3pm, we will be hosting a sponsored family fun run, where all pupils will be running/walking for 30 minutes around the school grounds to raise money for our very own elephant. Please use the link below to make your donation.

www.justgiving.com/fundraising/hinguar

Monday 13th March @ 2 o'clock – Promoting positive behaviour and self-regulation

Do you feel like your child/ren are winning the battle? Are you having to pick your battles at home? Do you ever feel as parents you are not on the same page, chapter, or book as you partner?

We all have these periods of time in parenting. We are here to support and offer advice and strategies that we promise work!



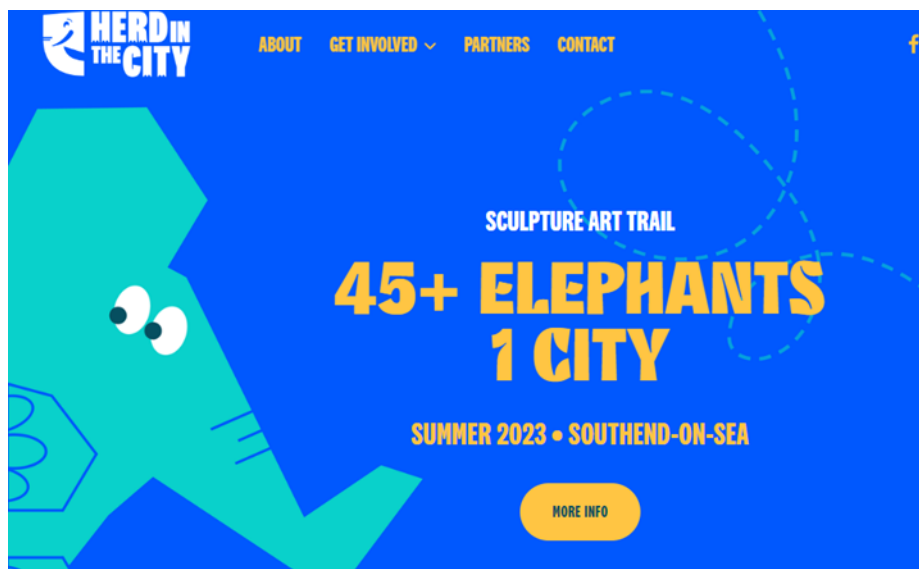
Postage stamps collection

Just a reminder that we are still collecting any new or used postage stamps, as well as parcel labels (see the pictures). Please drop them to the office or Mrs Calvy's class.

Thank you for your support.



Fun Run—Herd in the City



The school has a fantastic opportunity to take part in this year's fundraising event for Havens Hospice, Herd in the City. Our aim is to raise £825 for our own Hinguar elephant.

As part of our fundraising, on Tuesday 7th March from 2pm-3pm, we will be hosting a sponsored family fun run, where all pupils will be running/walking for 30 minutes around the school grounds to raise money for our very own elephant. We are also inviting parents and family members to put on your running shoes and participate in this event too with your child(ren). Our Nursery children will complete a Big Toddler obstacle course in their outdoor area for 10 minutes at the beginning of the morning or afternoon session they attend that day. Nursery parents are invited to stay and help them to complete this challenge. The children will be allowed to wear bright coloured clothes for the day.

As we are a cashless school, we ask for all sponsorship to be paid through our Just Giving page:

www.justgiving.com/fundraising/hinguar

If you wish to take part, but not run/walk, we are also looking for volunteers to help on the day.

Pick up a letter to participate or volunteer from the school office.



World Book Day Competition Winners



EYFS: Willow, Summer and Harry

KS1 Eddie (Yr 2), Chloe (Yr 2) and Henry (Yr 2) Recognition Awards: Neo and George

KS2 Layla (Yr6) Olivia Merton (Yr4) and Florence (Yr3)





Aspirations Week



All the children have enjoyed a fantastic Aspirations Week. They have experienced a range of professions and discovered lots of possible career paths.

We are extremely thankful to the kind parents who have donated their time this week to come and speak to the children.

Thank you to **Miss Lawrence, Dr Smith, Mrs Gentry, Mr and Mrs Balmer, Mrs Watson and Mr Suckling** for supporting us and visiting years 1-6.

Thank you also to **Mr Rawlings, Mrs Paterson and Mrs DeBond** for visiting EYFS and talking to them about their jobs.

We also had many other volunteers either in person or via Zoom/Teams talking about their job roles too. We thank them for taking the time to talk to the children.

Next week, we are excited to welcome '**Little City UK**', who are a role play company coming into school for Nursery, Reception and Year 1 children to dress up and play at pretending to do different jobs.

A huge thank you to a local company '**Apollo Kitchens**', who have very generously enabled this to happen by donating the money to cover the cost of this.

Starfish Class



This week in Starfish class, our story focus has been Supertato.

There has been lots of discussion around what our superpowers would be if we were superheroes. Some ideas included "To break ice, because if people stick in the ice I can save them" and "I'd run really fast, climb walls and fly. I would help get all the pets back".

We practiced our scissor skills and joined materials to create superhero masks ready to help people and defeat the villains! We had great fun in the garden role playing and acting out being a superhero.

We used tools to free the carrots from the ice blocks which led to lots of discussion about different vegetables and our favourite ones to eat.

We used a potato masher to mark make with paint, which we discovered created some interesting patterns.

For Aspirations Week, we have listened to some interesting visitors who have talked about the jobs they do and we loved dressing up for World Book Day.

Our story focus next week is Handa's Surprise.

Well done, Starfish class on another busy week of fun and learning

Mrs Brant, Mrs Cochrane, Mrs Bowser, Mrs Loe and Mrs Mota



Curlew Class



What a fabulous Aspirations Week Year 4 have had.

We have enjoyed lots of interesting and informative talks, workshops and hands on experiences, and have had our eyes opened to a range of jobs we didn't previously know about.

There were too many fantastic parts to choose a favourite and all children hopefully feel totally inspired.



In maths this week, we have started our fractions unit. The children have clearly demonstrated remembering previous work taught in Year 3 and have made a fabulous start on the topic.

Well done, Year 4 for another successful week. You are all fantastic.

Miss Eakins and Mrs Edwards

#learningwithEs



Oyster Class



What a fabulous week we have had in Year 1 this week.

This week has been Aspirations Week. The children have been visited across the week by people who have been inspiring us and explaining their jobs. The children were particularly excited by our visit from Southend United football players and really enjoyed playing warm up games with them.

The children dressed up in some fabulous costumes today for World Book Day and participated in a range of book-based activities across the morning.

Last but not least, at the beginning of this week, some of our Year 1 children performed in Southend Makes Music at the Palace Theatre. We are incredibly proud of all their hard work in learning their songs and actions ready for the performance. They were the youngest performers on the evening, and they were all incredibly brave.

You all deserve a relaxing weekend. Well done ,everyone!

Mrs O'Donnell and Mrs Merton

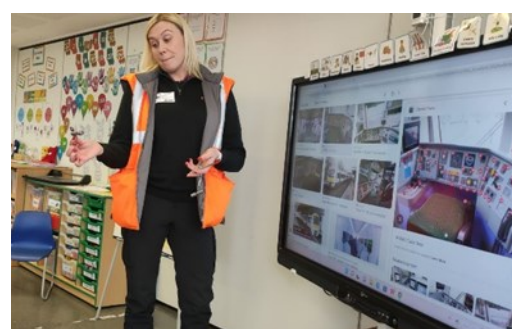


Seagull Class



What a wonderful week we have had this week! We have been lucky enough to work with a whole host of visitors for Aspirations Week. The children have been enthusiastic throughout and have really enjoyed having the opportunity to learn from so many experts.

On Monday, we met a representative from Bellway Homes, who told us about her job and was able to answer the children's questions. We also worked with Peter from the Young People's Trust for the Environment who talked to us about habitats and climate change. The children were amazed to think about the impact they can have on the environment and how important their knowledge and understanding will continue to be in the future.



On Tuesday, we shared a story with Mrs Gentry who works as a train driver. She shared information about how she trained for her job and what her daily routine involves. The children enjoyed hearing about what is involved and were particularly impressed that the visitor was someone they already knew and had seen in school and out on the playground with her own children.

Also, on Tuesday we got active with some representatives from Southend United Football Club. We joined in with some movement games similar to those used with the real footballers to develop their control, coordination, collaboration and teamwork skills.



On Thursday, we came to school in our World Book Day costumes. The children enjoyed talking about their character and why they had chosen them. It was lovely to see such a great variety of costumes which reflects the wide variety of texts the children enjoy. We also met a fighter jet engineer. The children thought of some wonderful questions to ask her and were most impressed to learn that she designs Red Arrow jets. They were also astounded to hear about the technology which the visitor had been working on most recently which involves incorporating a screen into the pilot's helmet so they can see important messages automatically.

On Friday, we were lucky enough to have a visit from a local firefighter and he brought his fire engine. It was particularly special for Ella, as the fireman is her dad!

Seagull Class have thoroughly enjoyed the week and have been truly inspired by our visitors. Mrs Oakley, Miss Brailsford, Mrs Tarling and Mrs Allen

Avocet Class



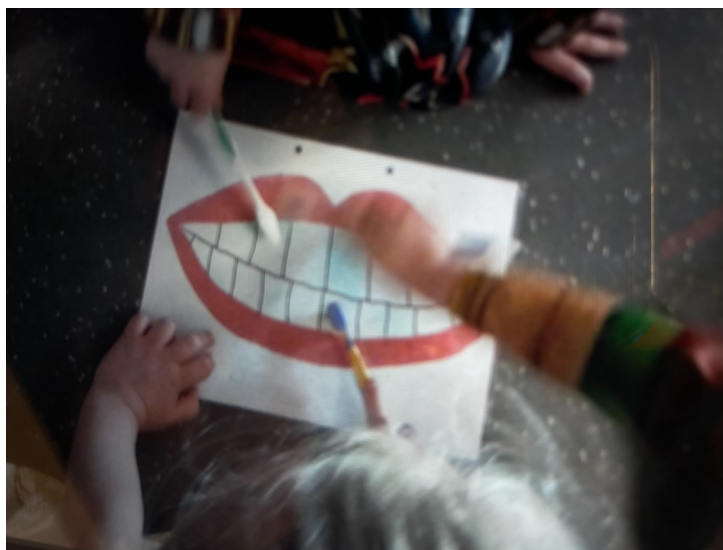
Year 6 have had a very exciting week this week. Beginning with Aspirations Week, we were visited by a Doctor, a Financial Investigator with Essex Police, Southend United, a Train Driver and paramedics. We also took part in Zoom calls with an expert on endangered animals and a recruiter for rugby referees. This enabled us to learn about a variety of jobs and industries, hopefully inspiring some of us for our future careers.

To end the week, we took part in our level 2 Bikeability training. We all tried extremely hard and made excellent progress from our starting points. Well done, Year 6 for demonstrating great perseverance.

Mr Calvy, Mrs Attard and Ms Hardy



Seahorse Class



This week has been an extremely busy week for Seahorse class. We have been learning about different jobs that people do as part of Aspirations Week. We have had lots of visitors in to talk about what they do as part of their jobs, this included a farmer, the catering staff who make our delicious lunches, a dental hygienist, someone who works in HR and firemen!

Some of the jobs we have decided that we want to do when we grow up are: a mum doctor, a fireman, police, a teacher, Harry Potter and a bad guy who steals money so they can buy their own car!

In class, we have been learning about the story Supertato. We made our own potato and vegetable superheroes and made wanted posters to help find Evil Pea. We also used the construction toys to build a secret lair for Evil Pea to hide in.

At the end of the week, we had World Book Day. The children all looked wonderful dressed up in their costumes. The children were able to talk about the characters that they had dressed up as and enjoyed seeing the teachers dressed up in their costumes.

Well done, Seahorse class for coping with all the exciting changes that we had this week.

Have a fantastic and relaxing weekend.

Mrs Newman and Mrs Penny





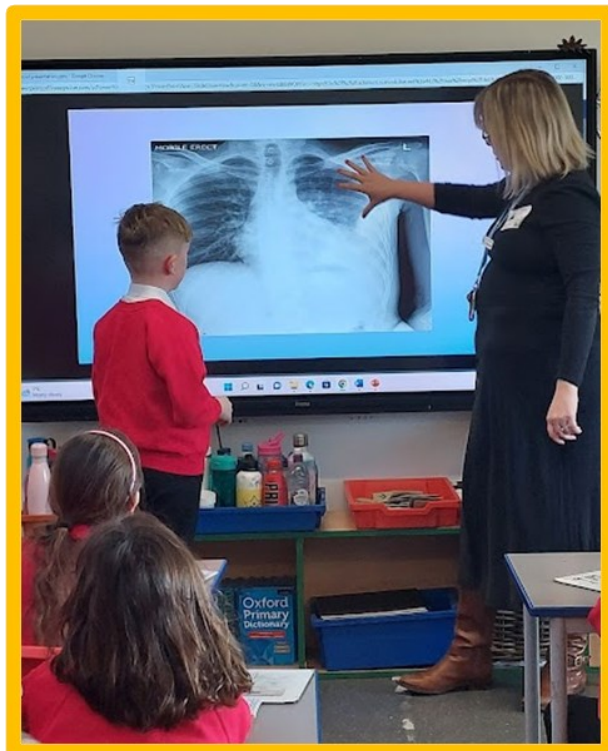
Heron Class



As part of Aspirations Week, our Hopeful Herons have listened to lots and lots of adults talking about the jobs they do. They loved Dr Smith coming in to talk about being a doctor and were fascinated by third generation train driver Mrs Gentry. They have been inspired to think a little more about possible future careers. In Maths, they have started learning about fractions and in English, they began work on a persuasive poster about staying healthy. The children all looked amazing on World Book Day so a big thank you to all the parents and carers who took time to help them with their costumes.

Have a brilliant weekend and take care,

Mrs Emmings and Mrs Tarling



Sanderling Class



What a fantastic week we have had for Aspirations Week. This week, we have met many inspirational people who have told us lots about their exciting jobs. On behalf of Year 5, I would like to say a big thankyou to everyone who contributed to making this week so successful.

Additionally, it was amazing to see all children dressed up as characters from their favourite books. After looking into biographies in detail, they wrote a 100-word biography about their chosen character placing focus on the use of parenthesis, relative clauses and cohesive devices.

To end the week, we had our second session of our Move and Learn programme which educates pupils on the importance of living a healthy lifestyle. These sessions are delivered by Southend United coaches, split into theory and practical work. The children had a fantastic session and are excited for next week.

Miss Mountier and Mrs Allen



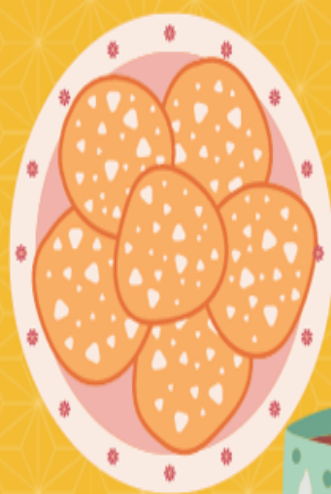


COFFEE & CHAT with SSIF

& special guest visits from
SEND support services.

10 - 11.30am

CHAOS & calm*



Are you a parent or carer of a
child or young person with
Special Educational Needs
and/or Disabilities?

Please join us at our friendly coffee
morning to find out how Southend
SEND Independent Forum works
and the services we offer.

SAVS, 29 - 31 Alexandra St, SS1 1BW - 1st Floor Conference Room

The following Tuesdays in 2023: 10th January - 21st February - 14th March
17th April (*Monday this month only*) - 9th May - 13th June - 11th July
12th September - 10th October - 14th November - 12th December

SSIF Wellbeing Event for SEND Parents & Carers

Cliffs Pavilion – Maritime & Admiral Rooms
Monday 13th March 2023 10am – 2:30pm
in collaboration with
N.O.W's the time for change.

N.O.W's the time for change (National Online Wellbeing Services), working with SEND families across Southend, Essex & Thurrock are health based and therapeutic coaches who facilitate life changing tools and techniques from a natural and holistic approach to improve stress, emotional wellbeing and mental health.

If you are curious about how to improve your own wellbeing, this event will be perfect for you to experience incredible tasters to support your Mind, Body and Energy!

GROUP TASTER SESSIONS -

- Motivational speaking from local SEND parents
- Growth mindset activities - empowering confidence and self esteem
- Emotional Freedom Tapping to release stress and regulate emotions
- Gentle & Accessible Yoga and Breathing / Meditation
- Sound Therapy

1-2-1 MINI TASTER SESSIONS -

- Reiki & Rahanni Therapy
- Aromatherapy consultation & tailored spray
- Hand Massage by Meryl Dear at Hands Above Massage



N.O.W's
the time for change



TO BOOK ONTO THIS FREE EVENT SIGN UP AS A SSIF MEMBER AND WE WILL EMAIL YOU THE LINK

<https://www.southendsendindependentforum.co.uk/join-us>

For more information on NOW'S the time for change & Hands Above Massage –

www.nowsthetimeforchange.com

https://www.instagram.com/hands_above/



Together we achieve

TOGETHER WE ACHIEVE



School Menu

Week commencing: 06/03, 27/03, 01/05, 22/05, 19/06, 10/07						
WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Meat	Ham pizza, couscous and sweetcorn	Spaghetti bolognaise with diced carrots	Roast Turkey, roast potatoes, mixed vegetables, Yorkshire pudding and gravy	Mild chicken curry, brown rice and green beans	All day breakfast
	Vegetarian /Vegan	Cheese pizza, couscous and sweetcorn	Quorn spaghetti bolognaise with diced carrots	Roast vegan Quorn fillet, roast potatoes, mixed vegetables, Yorkshire pudding and gravy	Mild chickpea and spinach curry, brown rice and green beans	Vegetarian all day breakfast
	Jacket Potato	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo	Jacket potato with 2 toppings: cheese, ham, beans, tuna mayo
	Dessert	Cookie or Jelly	Brownie or Jelly	Jelly	Lemon drizzle cake or Jelly	Frozen mousse or Jelly

WEEK 2

School dinners need to be ordered and paid for in advance on the IRIS Parent Mail app.

School dinner menus will be published weekly for the following week to be ordered and paid for on the ParentMail app. Universal and Free School Meal children will still need to order their choices on the ParentMail app **but will not be charged**.

To order, open the IRIS ParentMail app and go to accounts. In accounts there is the School Dinner Register, tap on this to open the School Dinner Register and tap one of the days. This will take you to the screen with the menus for the week where you can order your choices for the individual day or full week.



Southend East Community Academy Trust



Awards and Notices

Reading Champions

Well done to Jessica and Maisie in Sanderling Class who are our latest Reading Champions. If you would like to be awarded a Reading Champion badge, you must read a selection of challenging books from a variety of genres and then write a short review of ONE book that you have read. We have plenty more badges waiting to be handed out so let's see who will be next! We thank all families for their continued support in enabling our children to be Reading Champions and in fostering a love of reading. Together We Achieve.'



Catch Me!' Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.

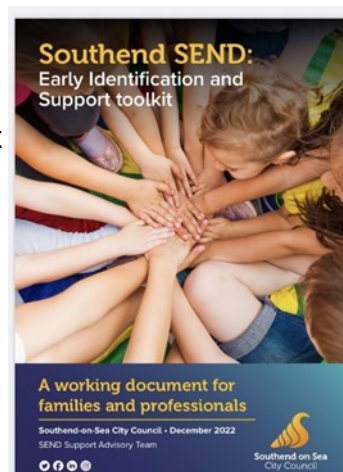
Well done to Oliver V and Alfie in Seahorse Class and Hunter in Oyster Class on achieving their Silver Catch Me Awards.



Southend SEND: Early Identification and Support Toolkit

[Southend SEND Early Identification and Support toolkit \(openobjects.com\)](https://openobjects.com)

Please click on the link above. You will find information about assessment tools that are 'tried and tested' by SENCOs, specialist teachers and support services and that can support the early and accurate identification of additional or Special Educational Needs and Disabilities (SEND). For any further information please contact the SENCO Mrs. K White.





AWARDS

House Points



Canute



Guthrum



Thorkell



Houston



Student of the Week

Award Board

**Avocet Class—
Toby**

**Sanderling Class—
Henry**

**Curlew Class—
Vivienne**

**Heron Class—
Emily**

**Seagull Class—
Bella**

**Oyster Class —
Reuben**

**Seahorse Class—
Carly**

Race to the Park

The winning classes for half term are rewarded with a trip to the local park.

The winners of the race this term are,

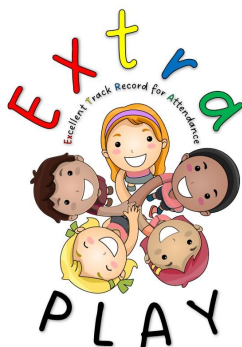
KS1 Seahorse Class having attendance of 95.83%
and in

KS2 Sanderling Class 97.00%.



100% Attendance and Punctuality Prize

Each week, during our celebration assembly, we congratulate good attendance as a whole class.



This week in KS1, Alice the Bunny was won by Seagull Class with 94.57% and KS2 the attendance cup was awarded to Avocet Class with 98.89%.

The classes will be rewarded with an extra turn on the play equipment.

Holiday Activities



**Special Open Day to Celebrate
Essex County Fire and Rescue Service's
75th Anniversary**



**Saturday 1st April 2023
(10.30am to 4.00pm)**



**Visits must be pre-booked via:
museum@essex-fire.gov.uk**

**Address: Essex Fire Museum, Grays Fire station,
Hogg Lane, Grays, RM17 5QS**

Term Dates / Dates for Your Diary

Inset Days for Academic Year 22022/23

21st July 2023.

Term Dates 2022 / 23

Summer Term 17 April 2023 – 21 July 2023

May Day Bank Holiday 1st May 2023

Dates for Diary (updates in red) Spring Term

Bikeability Year 4

6th March 2023

Parent Consultation Evenings

**6th and 8th March 2023 3.30pm—6.30pm
2023**

Y4 Southend Museum visit

7th March—am only

Sports Hall Athletics

8th March 2023 1pm—4pm

Science Week

13th—17th March 2023

Infant Music Festival

13th March 2023 - Year 2

Mother's Day stalls

13th, 14th 15th March 2023 (lunchtimes)

Yrs 4 & 5 My Future, My Southend People Who Help Us

14th March 2023 pm (in school)

Y3 My Future, My Southend People Who Help Us

16th March 2023 pm (in school)

Assessment Week

20th—24th March 2023

FOH Easter Egg Hunt

24th March 2023 (in school)

Year 6 Residential

27th—31st March 2023

Seagull class parent open morning

28th March 2023 9.15—10.15

Reception Trip to Barleylands

29th March 2023

Pupil Advocate meeting

31st March 2023

Summer term dates (updates in red)

Seahorse class parent open morning

19th April 2023 9.15—10.15

Avocet class open morning

24th April 2023 9.15—10.15

Starfish class parent open morning

26th April 2023 9.15—10.15

Years 3 & 4 production

**26th April 2023 @ 6.30pm and 27th April
2023 @ 9.30am**

Bank Holiday (re: King's Coronation)

8th May 2023

Year 6 SATs week

**9th—12th May 2023 (change of dates due to
the Bank Holiday for the King's Coronation)**

Heron class parent open morning

15th May 2023 9.15—10.15

Y6 My Future, My Southend—Hospitality

16th May 2023 pm (in school)

Curlew class parent open morning

17th May 2023 9.15—10.15

Term Dates / Dates for Your Diary

Summer Term contd (updates in red)

KS2 Music Festival area rehearsal	22nd—26th May (date tbc)
Oyster class parent open morning	24th May 2023 9.15—10.15
KS2 Music Festival	12th - 16th June 2023 (date tbc)
Father's Day stalls	12th, 13th, 14th June 2023 (lunchtimes)
Year 4 Lullingstone Roman Villa visit	20th June 2023
Sanderling class parent open morning	21st June 2023 9.15—10.15
Pupil Advocate meeting	23rd June 2023
Sports Day and Picnic Lunch	26th June 2023
Yrs 4, 5 & 6 My Future, My Southend—STEM	27th June 2023 pm (in school)
Y3 My Future, My Southend—STEM	29th June 2023 pm (in school)
Assessment Week	3rd—7th July 2023
Reserve Sports Day	10th July 2023 (change of date)
Open Evening	10th July 2023 4.30pm—6.30pm
Years 5 & 6 Production	12th July 2023 @ 6.30pm and 13th July 2023 @ 9.30am
Volunteer Afternoon Tea	18th July 2023 @ 2.00pm
Year 6 Graduation	19th July 2023 @ 2.00pm
Year 6 Leavers' Disco	19th July 6.30pm—8.00pm
Y6 T-shirt signing/fun swim	20th July 2023

Term Dates for Academic Year 2023-2024

Autumn Term: Friday 1st September 2023—Wednesday 20th December 2023

Half Term: 23rd October –27th October

Spring Term: Thursday 4th January 2024—Thursday 28th March 2024

Half Term 19th February –23rd February

Summer Term: Monday 15th April 2024—Monday 22nd July 2024

Half term 27th May –31May, and May Bank Holiday 6th May

Inset Days 2023/24

Friday 1st September 2023

Monday 30th October 2023

Friday 16th February 2024

Friday 28th June 2024

Monday 22nd July 2024

Please note that school, including Nursery, will close to pupils at 1:00pm on Wednesday 20th December 2023 and Friday 19th July 2024. There will be revised lunchtimes on these days. Breakfast club will run as normal on these dates, but there will be no after school club.