



HINGUAR SCHOOL NEWSLETTER

TOGETHER WE ACHIEVE



Spring Term Newsletter Week 16 20th January 2023

MCAS—Parents can now update their 'My Child at School' app with any changes to their child's medical health, telephone numbers, or address.

Please check your child's details are correct and update any relevant changes.

Please review you child's photo permissions and provide consent of use.

Youth ECO Board members

We are proud to announce that 5 fantastic members of the school have applied for and been chosen by SPSSA to be on the Youth Eco Board which represents the city of Southend. They are:

Alice (Curlew class)

Lewis (Curlew class)

Austeja (Sanderling class)

Maisie (Sanderling class)

Georgia (Avocet class)

The children will provide ideas and suggestions on ways that we can become more sustainable and eco-friendly as a sports partnership.

We are very proud of you all and look forward to hearing your great ideas over the year.

The children will have their first Zoom meeting on Thursday 26th January at 12:00pm.

Friends of HINGUAR
together we achieve

Preloved School Uniform Sale

Thursday 26th January 2023
2:45 to 3:45 pm

Location: Main Entrance

Prices range from 50p to £3.
Please bring plenty of change.

We have lots of FREE items too!
(subject to availability)

Uniform Donations

Please make sure **name tags** are removed, items are **clean** and in a **re-sale** condition (would you buy it?)

Thank you so much for your support!

Recycle, Repurpose, Reuse

Struggling to pay for uniform? Friends of Hinguar want to help!
Please email uniformFOH@outlook.com

Contactless Payment NOW available!



Southend East Community Academy Trust

Starfish Class



This week in Starfish class, our story focus has been The Three Little Pigs. We thought carefully about the type of house we would like to build. The children had some fantastic 'grand designs', using their mark making skills to express their ideas and communication and language skills to give meanings to marks they made.

The children have been very eager to join in with the repeated phrases and have made story maps to sequence events and help them retell the story in their own words. They have loved interacting together to play What's the Time, Mr Wolf?, showing turn taking, listening and physical skills to escape the wolf! We have enjoyed acting out the story in the garden and were very

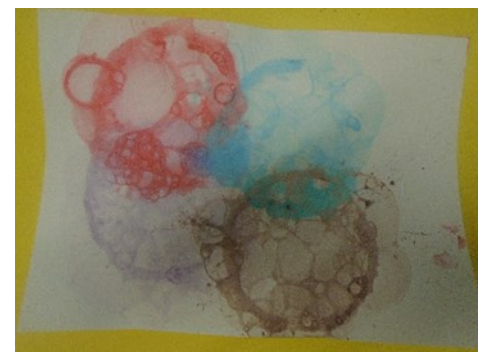
lucky to have a delivery of our very own house made of sticks.

This term, we are focusing on the artist Christopher Kuster. Christopher uses his mouth to draw and paint his pictures. We wondered if we could produce art by using our mouths too. Just like the wolf we tried huffing and puffing through a straw to make paint filled bubbles which we then printed onto paper. The children had great fun with this art activity and produced lots of different coloured bubbles!

The cold weather this week has caused lots of ice to appear in the nursery garden. This has resulted in lots of discussion about how ice is formed and what happens when it melts. We decided to experiment with making ice charms. The children placed gems into small pots of water and found a safe place in the garden to see if they will freeze into hanging ice charms overnight. We are very excited to see the results!

Next week our story focus will be The Great Race – a traditional story about Chinese New Year.

Mrs Brant, Mrs Cochrane, Mrs Bowser, Mrs Loe and Mrs Mota



Curlew Class



Musical madness has continued this week with the children investigating pitch. They had the opportunity to play a variety of instruments in order to discover how high and low notes could be produced on each one. Some children were also set an extra challenge to make their own pan pipes from different length straws.

Last week, we began reading our class text 'The Iron Man'. After writing a description of the main character, this week we discovered what happened to him after standing on the brink of the cliff in the strong wind. The children then imagined watching him falling over the edge and breaking up, and thought about what they would see, hear and feel when witnessing this.

Well done, as always Curlew class for being completely fantastic.

Miss Eakins and Mrs Edwards

#learningwithEs



Seahorse Class



This week, Seahorse Class have explored 'The 3 Billy Goats Gruff'. After reading the story, the children re-enacted it with Duplo and small world figures. As they did this, they used familiar phrases from within the story.

For Literacy, the children drew their own troll, before labelling their character with describing words. We have also read 'The Troll' by Julia Donaldson and recognised that a troll can have different characteristics and adventures in alternative stories.



The children have been fascinated by the frosty conditions, which connected well with our Now Press Play journey into a Wintery story. Within this experience, the children listened to instructions to explore a Winter's Day. They made a snowman, broke the ice in the bird bath, before having a hot chocolate to warm up!



In Maths, the children have been exploring addition and number recognition. The children had Duplo blocks marked with numerals 1-10. They then played against a friend rolling a dice to count on and connect the correct number of blocks. In addition, they needed to make sure they were connecting the blocks with the correct numeral to ensure their tower read 1-10.



Throughout the week, the children have made stick puppets, built bridges with Duplo, played with the cars and garage, and role-played in the kitchen.



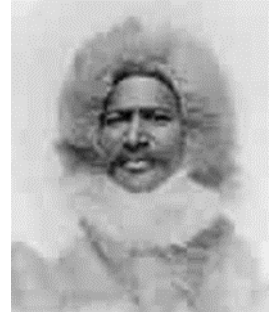
On Friday, we celebrated Chinese and Lunar New Year. The children used paint to create fans, watched Abbie attend a Chinese and Lunar New Year parade via a CBeebies video and listened to the story 'Dragons in the City'.

As part of Aspirations Week (27th February – 3rd March), we are inviting parents to come into school to talk to the children about their career. Please talk to Mrs Newman if you would like to talk to Seahorse Class about your role.

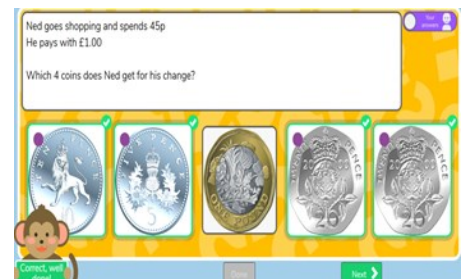
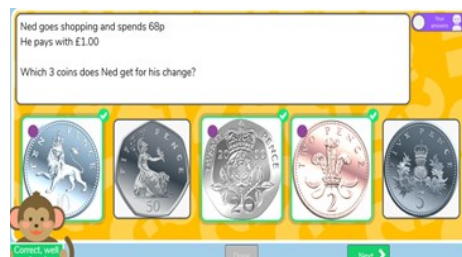
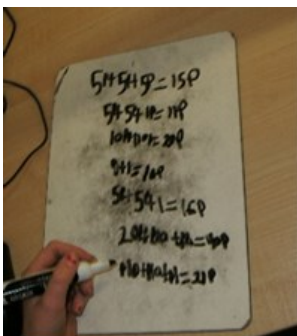
Mrs Newman, Mrs Penny and Mrs Rawlings

Seagull Class

This week, we have been learning about the explorer Matthew Henson, who many historians believe was the first man to set foot on the North Pole. We discussed his early life, how he became involved with expeditions and how dangerous the trips he made were. The children were amazed to discover that the temperatures he endured were as cold as those inside a freezer.

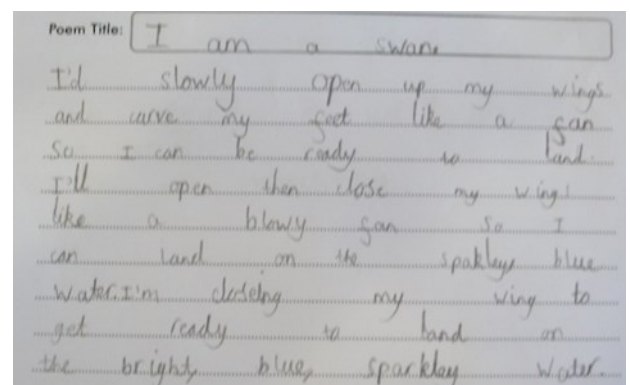
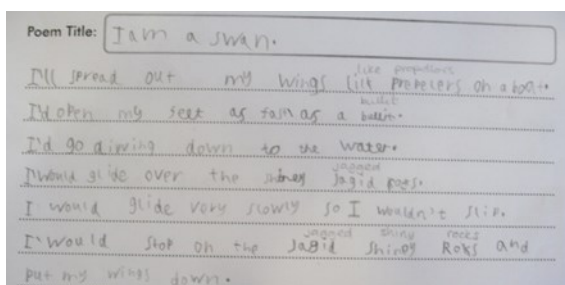
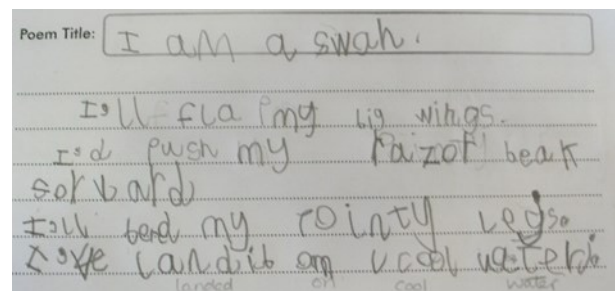
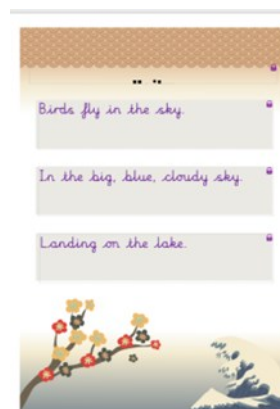
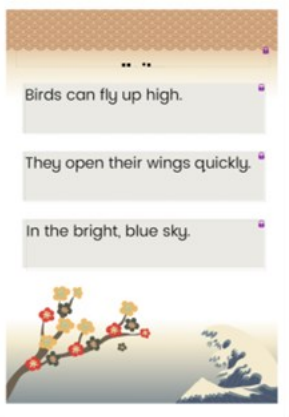


In Maths lessons this week, we have continued learning about money, recognising coins and notes, making totals and calculating change. We completed a series on money challenges using the computers.



In our English lessons this week, we have been looking at bird themed poetry. We created free form poems and Haikus. The children really enjoyed using language in different ways.

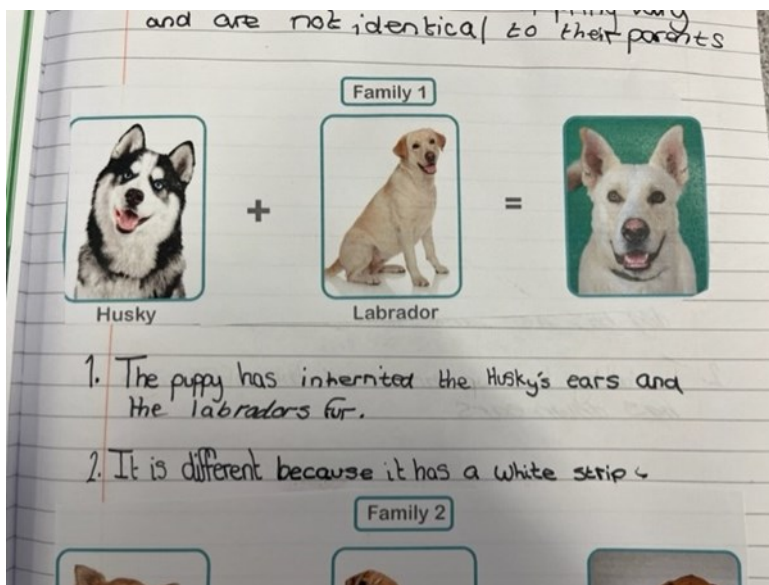
Mrs Oakley and Mrs Merton



Avocet Class

Year 6 have enjoyed continuing our novel *Street Child* and learning more about the life of Jim Jarvis – the main character. As part of our topic work, we have begun to use a variety of sources to research Queen Victoria and have found out some fascinating facts. In RE, we have been exploring patterns from Islamic art and recreating our own designs. In PSHE, we have continued our focus on age restricted online content and explored some real-life situations where people have required our help. In Science, we have begun our new unit of Evolution and Inheritance and enjoyed exploring inherited characteristics in animals.

Mrs Calvy, Mrs Attard and Ms Hardy

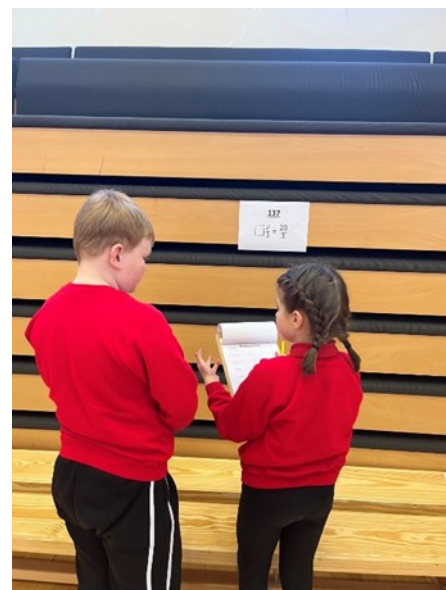


Sanderling Class



In Year 5, we have been writing alternative endings to the poem The Highwayman. It has been fantastic reading the very different endings. From the Landlord pushing King George's men out the window to Tim the Ostler saving Bess.

This week in maths, we have recapped long multiplication and started short division. On Wednesday, we had an active maths lesson with challenge questions around the hall. The children had to answer a question and race around the hall to find the answer. They all worked very well in their partnership and it was a great way to assess their understanding.



In Science, we have described the movement of the sun, moon and Earth. Additionally, we have learnt about the Earth's rotation and how it forms day and night.

To end the week, Miss Mountier finally managed to carry out the rocket experiment using vinegar and baking soda to create an irreversible reaction, although it did explode over her on the first attempt 😞

A wonderful week, Year 5.

Have a lovely weekend.

Miss Mountier and Mrs Allen.



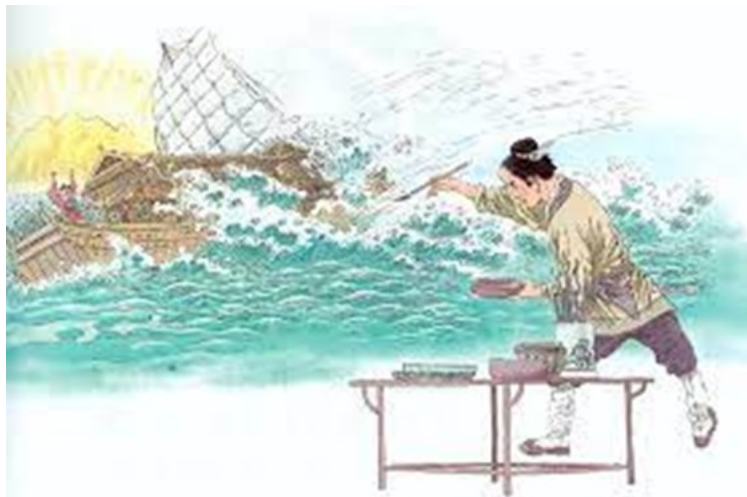
Oyster Class

In Year 1 this week, we have been learning the story of The Magic Paintbrush. The children have been familiarising themselves with the story and putting themselves in role as the main character, Ma Liang, to write diary entries. The vocabulary the children have generated has been superb and their diary entries have been incredibly imaginative.

We have started Buddy reading with volunteers from Years 5 and 6 this week, which the children have been incredibly enthusiastic about, and it has been lovely to see how considerate and caring the older children are with the Year 1 class.

I hope you all have a fabulous weekend!

Mrs O'Donnell, Mrs Merton and Mrs Mota





Together we achieve

TOGETHER WE ACHIEVE



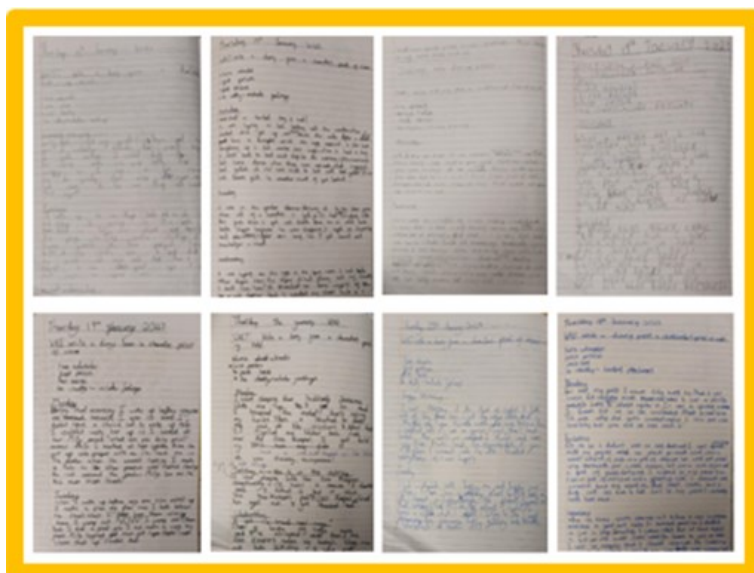
Heron Class

This week, our Hilarious Herons have been hard at it again! In Maths, we've been looking at ways to divide 2-digits by 1-digit and using place value counters to help us understand remainders. In English, we have finished our diaries based on the book *Diary of a Killer Cat*. In Science, we have continued to learn about nutrients by examining food labels. In PSHE, we talked about the PANTS rule and in R.E. we asked our Big Question *Why do People Pray?* In Geography, we learned about the seas surrounding the British Isles and used atlases to locate rivers around the United Kingdom. All in all a very productive week of learning!

Have a lovely weekend Year 3 – fancy doing it all again next week?

Take care, stay safe,

Mrs Emmings and Mrs Tarling





A Good Nights Sleep?

A GOOD NIGHTS SLEEP?

Many of us are finding that sleep is difficult . Below are some tips to support getting children to sleep.

- Be calm and consistent, children need routine
- Praise whenever they are doing the right thing eg 'I like the way you have.....' 'thank you for.....' 'well done for.....' Children need to hear the things they are getting right clearly explained.
- Turn off technology an hour before bedtime and keep lighting low, this helps to release sleep hormones.
- Do not have the bedroom too warm, body temperature needs to drop to aide sleep.
- Try not to have discussions once the bedtime routine has started. Store worries and discuss tomorrow. Having a worry monster or place to keep worries safe will help with this.
- Do not demand sleep, instead talk about being in bed, quiet and calm. This takes pressure off the child to sleep and the restful state will encourage them to drop off naturally.
- One day soon you will have a teenager who you cannot get out of bed, this is a short time in the life of your child.

Example of a Bedtime Routine for a 7 Year Old with Settling Problems

- ❖ Aim for 10.5 hours of sleep form 8:30pm–7am
- ❖ 7:45pm, start bedtime routine. Keep routine calm
- ❖ Prepare bedroom so it is dimly lit
- ❖ Run a bath and have a 5 minute warm, quiet & relaxing bath
- ❖ Go straight into the bedroom from the bathroom
- ❖ Dry, into pyjamas & read stories & leave to read
- ❖ 8:15pm cuddle & kiss goodnight and lights out
- ❖ Aim for child to be asleep by 8.30pm

Please contact our Learning Mentor, Mrs Wilson, if you need help or advice regarding your child's sleep

Sporting Events

Sportshall Athletics Year 5/6

On Wednesday afternoon, 24 students in Years 5 and 6 took part in the Sportshall Athletics competition at Garon Park against 23 other schools from across the city. The children all gave it 100%. They took part in a range of activities including re-lays, obstacle relays, standing high jump and javelin. After all their hard work, Hinguar qualified for the Small Schools final in March. We are so proud of the team and their efforts on the day.

Well done, Team Hinguar!





Together we achieve

TOGETHER WE ACHIEVE



Nursery Consultation

(01702) 292721 office@hinguar.secat.co.uk www.hinguar.secat.co.uk



HINGUAR NURSERY

SECAT

Nursery Expansion Consultation

To accommodate current and growing early years places and need within the local community, Hinguar Primary & Nursery School would like to expand their Nursery provision to include 2 year olds. As part of the process, we are consulting the local community and stakeholders on our plans.

To be part of the consultation, please complete the short survey at the following link:

www.surveymonkey.co.uk/r/6LL2YR2



Southend East Community Academy Trust



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School Menu

Week commencing: 14/11, 5/12, 02/01, 23/01, 20/02, 13/03					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	Meat Beef burger, wedges, beans or Spaghetti 	Sweet & Sour chicken, brown rice and sweetcorn	Minced beef hot pot, topped with sliced potato, served with Savoy cabbage	Meatball & tomato pasta bake with diced carrots 	Salmon nuggets, chips, beans, spaghetti or peas
	Vegetarian/Vegan Vegetable burger, wedges, beans or spaghetti 	Sweet & Sour vegetables, brown rice and sweetcorn	Quorn mince hot pot, topped with sliced potato, served with savoy cabbage 	Vegan meatball & tomato pasta bake with diced carrots 	Quorn vegan nuggets, chips, beans, spaghetti or peas
	Dessert Cookie or Jelly	Marble cake & custard or Jelly	Jelly	Fruit sponge or Jelly	Raspberry ripple ice cream pot or Jelly

WEEK 3

School dinners need to be **ordered and paid for in advance on the IRIS Parent Mail app**.

School dinner menus will be published weekly for the following week to be ordered and paid for on the ParentMail app. Universal and Free School Meal children will still need to order their choices on the ParentMail app **but will not be charged**.

To order, open the IRIS ParentMail app and go to accounts. In accounts there is the School Dinner Register, tap on this to open the School Dinner Register and tap one of the days. This will take you to the screen with the menus for the week where you can order your choices for the individual day or full week.



Southend East Community Academy Trust



Awards and Notices

Catch Me! Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.



Well done to Larsson and Jasper in Avocet Class for achieving their Bronze Catch Me Awards.

Well done to Hunter and Lucia in Oyster Class, Toby and Laurence in Seagull Class and Arthur, Issie-Lou and Noah in Sanderling Class on achieving their Silver Catch Me Awards.

Times Tables

Congratulations to James and Hudson in Seahorse Class on achieving their Bronze Times Tables Certificate.



Reading Champions

Well done to Sammy M-J in Oyster Class who is our latest Reading Champion.

If you would like to be awarded a Reading Champion badge, you must read a selection of challenging books from a variety of genres and then write a short review of ONE book that you have read. We have plenty more badges waiting to be handed out so let's see who will be next! We thank all families for their continued support in enabling our children to be Reading Champions and in fostering a love of reading.

'Together We Achieve.'





AWARDS

House Points



Canute



292

Guthrum



326

Thorkell



322

Houston



254

Birthday Celebrations

This week in assembly we celebrated Chloe, Eli, Buddy, Esme, Jamie and Hollie P's birthdays.



Student of the Week

Award Board

**Avocet Class—
Evelyn**

**Sanderling Class—
Peyson**

**Curlew Class—
Lizzie**

**Heron Class—
Ethan**

**Seagull Class—
Hollie**

**Oyster Class —
Wyatt**

**Seahorse Class—
Jensen**

Race to the Park

The winning classes for each half term are rewarded with a trip to the local park.

The winners of the race so far this term are,
KS1 Seagull Class having attendance of 97.96% and in
KS2 Sanderling Class 97.49%.

100% Attendance and Punctuality Prize

Each week, during our celebration assembly, we congratulate good attendance as a whole class.

This week in KS1, Alice the Bunny was won by Seagull Class with 99.14% and in KS2 the attendance cup was awarded to Curlew Class with 99.17%..

The classes will be rewarded with an extra turn on the play equipment.

Term Dates / Dates for Your Diary

Inset Days for Academic Year 22022/23

10th February 2023, 21st July 2023.

Term Dates 2022 / 23

Spring Term 5 January 2023 – 31 March 2023

Summer Term 17 April 2023 – 21 July 2023

May Day Bank Holiday 1st May 2023

Half Term 13 February – 17 February

Half Term 30 May – 2 June

King's Coronation Bank Holiday May 8th 2023

Dates for Diary (updates in red) Spring Term

KS2 Choir at the O2

24th January 2023

Yrs 4 & 5 My Future, My Southend—Green and Eco

24th January 2023 pm (in school)

Pupil Advocate meeting

25th January 2023

Y3 My Future, My Southend—Green and Eco

26th January 2023 pm (in school)

Pre-loved Uniform Sale

26th January 2023 (time tbc)

Y5 Residential meeting for Parents (present Y4)

31st January 2023—3.30pm (change of date)

Tag Rugby Competition (re-arranged date)

8th February 2023 (all day)

Year 3 Trip to the NHM Tring

9th February 2023

Y1 Hyde Hall visit

21st February 2023

Raise £20.23 for 2023

23rd February 2023

Pre-loved Uniform Sale

23rd February 2023 (time tbc)

Aspirations Week

27th February 2023—3rd March 2023

Southend Makes Music

28th February 2023—Year 1

World Book Day

2nd March 2023

Parent Consultation Evenings

**6th and 8th March 2023 3.30pm—6.30pm
2023**

Science Week

13th—17th March 2023

Infant Music Festival

13th March 2023 - Year 2

Mother's Day stalls

13th, 14th 15th March 2023 (lunchtimes)

Yrs 4 & 5 My Future, My Southend People Who Help Us

14th March 2023 pm (in school)

Y3 My Future, My Southend People Who Help Us

16th March 2023 pm (in school)

Assessment Week

20th—24th March 2023

FOH Easter Egg Hunt

24th March 2023 (in school)

Year 6 Residential

27th—31st March 2023

Reception Trip to Barleylands

29th March 2023

Pupil Advocate meeting

31st March 2023



Term Dates / Dates for Your Diary

Summer Term (updates in red)

Years 3 & 4 production	26th April 2023 @ 6.30pm and 27th April 2023 @ 9.30am
Bank Holiday (re: King's Coronation)	8th May 2023
Year 6 SATs week	9th—12th May 2023 (change of dates due to the Bank Holiday for the King's Coronation)
Y6 My Future, My Southend—Hospitality	16th May 2023 pm (in school)
KS2 Music Festival area rehearsal	22nd—26th May (date tbc)
KS2 Music Festival	12th - 16th June 2023 (date tbc)
Father's Day stalls	12th, 13th, 14th June 2023 (lunchtimes)
Year 4 Lullingstone Roman Villa visit	20th June 2023
Pupil Advocate meeting	23rd June 2023
Sports Day and Picnic Lunch	26th June 2023
Yrs 4, 5 & 6 My Future, My Southend—STEM	27th June 2023 pm (in school)
Y3 My Future, My Southend—STEM	29th June 2023 pm (in school)
Assessment Week	3rd—7th July 2023
Reserve Sports Day	10th July 2023 (change of date)
Open Evening	10th July 2023 4.30pm—6.30pm
Years 5 & 6 Production	12th July 2023 @ 6.30pm and 13th July 2023 @ 9.30am
Volunteer Afternoon Tea	18th July 2023 @ 2.00pm
Year 6 Graduation	19th July 2023 @ 2.00pm
Year 6 Leavers' Disco	19th July 6.30pm—8.00pm
Y6 T-shirt signing/fun swim	20th July 2023

Term Dates for Academic Year 2023-2024

Autumn Term: Friday 1st September 2023—Wednesday 20th December 2023

Half Term 23rd October –27th October

Spring Term: Thursday 4th January 2024—Thursday 28th March 2024

Half Term 19th February –23rd February

Summer Term: Monday 15th April 2024—Monday 22nd July 2024

Half term 27th May –31May, and May Bank Holiday 6th May

(Inset Days tbc)