

Starfish Class

The Nursery have had an extremely busy week learning about Autumn. They went on an Autumn walk and used their senses to explore the outdoor classroom. They looked at how the leaves on the trees are changing colour and beginning to fall to

the ground. They then had a fun time picking blackberries which we then used in class to make blackberry playdough.

In class, the children investigated the Autumn tuff tray and used lots of words to describe the textures of the fir cones, leaves and conkers. They were also creative and used the conkers to paint and explore colour mixing.

They have also been learning about hedgehogs and other nocturnal animals that hibernate for the winter. They made hedgehog bread rolls and worked collaboratively on a piece of

leaf craft to create a giant picture of a hedgehog. Finally, we have been developing our fine motor skills by tapping golf tees into a pumpkin.



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Seahorse Class



This week, Seahorse Class have been exploring the topic of 'Our Senses'. We discovered we have 5 senses – touch, sight, taste, hearing and smell. We then matched each sense to the body part we would use. We discussed that although we use our hands to touch, it is all our skin that can feel different sensations. In pairs, the children took part in a senses walk around the school grounds where they drew pictures which represented each sense. For our Art topic, we investigated



the Italian artist Giuseppe Arcimboldo who used fruit, vegetables, meat and fish to make portraits. The children used familiar and unfamiliar fruits and vegetables to make portraits, before eating their designs. In Maths, we have looked at the 'numberness' of numbers to 4. We



have used the stem sentences of '1 and another 1 make', '1 and 1 and 1 altogether make' and '1 and 1 and 1 and another 1 altogether make' before collecting objects to make 2, 3 and 4. This will help the children to understand that bigger numbers are composed of smaller numbers. We have also been exploring patterns and have completed a range of repeating patterns using colours, sizes and objects. To encourage oral health and the importance of having clean teeth, we discussed when and how we should be brushing our teeth. We discovered that we should



brush our teeth for 2 minutes, twice a day, every day, see a dentist every 6 months and not eat or drink too much sugar. In the builder's tray, the children used toothbrushes and toothpaste to brush the germs off laminated teeth.



Well done, Seahorse Class for your first half term at school. Have a lovely break. Do not forget that Monday 1st November is an inset day; the children return on Tuesday 2nd November.



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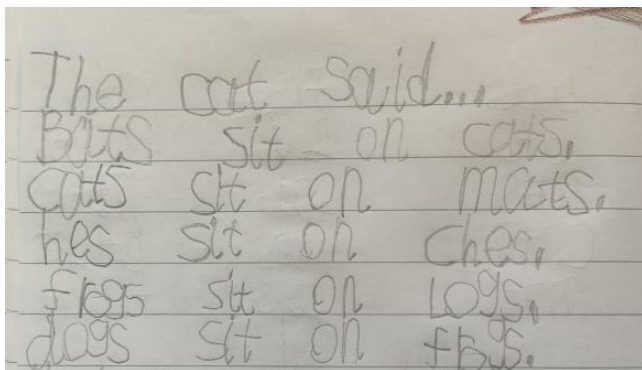


Oyster Class

This week in Oyster Class, we have been thinking about Autumn weather and how we dress as the days get cooler. We created our own people puppets wearing outfits suitable for this time of year. We made all the outfits individual just like us!



In Art, we have continued looking at mark making and exploring the work of Piet Mondrian. This week we looked at ways to use crayons to create a variety of marks, applying light or firm pressure on the crayon and using different parts of it. We put our crayon skills to good use creating our tree pictures inspired by 'The Red Tree'.



In our English lessons this week, we have been creating our own rhyming poems based on the book Oi Frog by Kes Grey and Jim Field.

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Seagull Class

This week in Seagull class, we have looked at different materials in science. In English, we have been reading poems and finding rhymes. We learnt 'The Owl and the Pussycat' and performed it in front of the class. In maths, we are continuing to use number, addition and subtraction. For the times table challenge, many children have achieved bronze and will move on to practising their 5 times tables. During geography, we researched and created factfiles about continents. Have a lovely half term, Seagulls!

Tuesday 19 October 2021
WALT: Find facts about continents.


Europe



The population is 747 million.
A country in this continent is England.
A capital city in this continent is London.
How many countries in this continent 43 countries in Europe.
A natural feature is River Thames.

Tuesday 19th October 2021
WALT: Find facts about continents.

Africa



The population is 1200 million people.
A country in this continent is Egypt.
A capital city in this continent is ElGiza.
How many countries in this continent 53.
A natural feature is Nile River.

beard, feared!, Have their nest, about an old man.

There was an Old Man with a beard,
Who said, 'It is just as I feared! -
Two Owls and a Hen,
Four Larks and a Wren,
Have all built their nests in my beard!'
by Edward Lear

stork

about owls.

stork

I know this big owl named Stork
Who stays up all night yelling 'Hoo!
Once an old man walked to
And he started to cry
And answered:
"I don't have a clue!"

about kindness.

Kindness is contagious
I try to be kind whenever I can
Not being mean is being kind
Doing things for others is also being kind
Nearly all the time is the idea
Everyday I try to be kind
Simple things can be kind things
Such as sending a smile or saying thank you

The Fieldmouse
by Cecil Frances Alexander
Where the acorn grows,
Where the cat paws,
With your fur so soft and brown,
With your eye so round and shiny,
Scarcely moving the long grass,
Fieldmouse, I can see you there.
Little thing, in what dark spot
Do you all the winter sleep?
Till warm weather comes again,
Then once more I see you peeping
Round about the tall tree trunk,
Nibbling at their tender bark.
Fieldmouse, fieldmouse, do not go
Where the farmer stacks his sheaves,
Find the nut that falls below,
Eat the acorn at your pleasure,
But you must not steal the corn!
He has stacked with so much care
Make your hole where mosses grow
Underneath the tall oak's shade,
Pretty, quiet hamlets (sing)
Play about the sunny meadow,
Keep away from corn and house,
None will harm you, little mouse.

replenish in a fam.

The Cow
by Robert Louis Stevenson
1. The friendly cow, all red and white,
2. I love with all my heart,
3. She gives me cream with all her might,
4. To eat with apple pie.
5. She wanders loving here and there,
6. And gets the creamiest milk,
7. All in the pleasant room,
8. The pleasant light of day.
9. And brown by all the winds that blow,
10. And wet with all the showers,
11. She walks among the meadows green,
12. And eats the mounds of corn.

describers
ALL red and white.
8 stanzas.
each stanza 1-3
2-4 rhyme.
about a cow.

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Heron Class



This week, Year 3 have really shown their artistic sides. They have created some brilliant multi-media collages of cave paintings. They began by using cotton wool to blur paint across their background to create the texture of the cave wall. They then used chalk pastilles to draw a selection of animals including bison, mammoths and sabre tooth tigers. These were then cut out and stuck on the background and their outline blurred with charcoal. The finished product is amazing! They then designed and made stone age beads out of clay using four basic styles: cubes, barrels, spheres and teeth. Hopefully they will be able to wear these at their workshop. Well done, Year 3 on a fantastic half term. Mrs Tarling and I hope you have a wonderful holiday and look forward to seeing you all again in November. Take care, Mrs Emmings and Mrs Tarling xx



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Curlew Class

In our final week of the first half term, Year 4 have battled on and once again been absolutely awesome.

On Monday, 3 fabulous metaphor examples from last Friday's English lesson were shared with the class. Well done to Joey, Arthur and Ben for using such fantastic vocabulary. We spent 2 days this week consolidating the use of conjunctions, prepositions and adverbs, and using apostrophes for contractions. We then investigated powerful verbs to describe the movement of animals and then planned and wrote our own animal poems.



This week in PSHE, we have been concentrating on friendships, and overcoming problems within friendships. The class were split into two groups for this. Mrs Calvy took the boys outside to investigate teamwork skills. The boys used various apparatus to make up games in groups, and then teach their game to the other groups. The girls stayed inside with Miss Eakins and had their first Girls On Board session. Girls On Board is an initiative that dissects girls' friendships and helps to understand and overcome common problems that occur. These sessions will be revisited after half term.



After experimenting with shading and tertiary colours at the end of last week, this week we have created our own abstract tornado pictures. It was fabulous to see the children all using their skills to express their artistic abilities in so many different ways. The pictures all look fantastic and I look forward to displaying as many as possible for everyone else to admire.



Well done this half term, Year 4. You have all worked fabulously hard and we are proud of each and every one of you.

Have a fantastic and well-earned rest and we look forward to having you back with us in November.

Miss Eakins, Mrs Calvy, Mrs Allen and Mrs Tarling

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The night is a dark turned off phone screen.
 The moon is a golden medal won by Usain Bolt.
 The stars are shining thoughts glistening in a sea of memories.
 The sun is a golden ball of lightning, thrashing down at the earth below.

By Joey

The night is the gleaming dark ocean, swaying on the sandy beach.
 The moon is a colossal glow beetle, rising from under the endless void of stars.
 The stars are gleaming, gold stones in the midnight sky.
 The sun is a spider crawling from under the atmosphere.

By Arthur

The night is a vast, scary-looking black Labrador in the sky.
 The moon is his colossal, crescent tail, flapping around.
 The stars are his delicious, moist dog treats.
 The sun is a fire-covered, huge hoverfly that flies around the earth.

By Ben

Day	Morning ☀️	Lunchtime ☀️	Evening ☀️	Comments
Monday	Raining	Cloudy	Brightened up	High of 17° Not a bad day after all!
Tuesday	RAINING	cloudy + drizzly	Sunny	High of 14° At last I got to play football!
Wednesday	Cloudy	Brightened up	Sunny with clouds	High of 13° Not too hot for PE!
Thursday	Cloudy	Cloudy with Sunny intervals	Sunny	High of 18° Not a bad day for this time of the year.
Friday	Sunny and Cloudy	Quite Sunny but cloudy	Quite Sunny but cloudy	High of 14° A good day to start the weekend!
Saturday	SUNNY	SUNNY	SUNNY	High of 13° Almost ice cream weather!
Sunday	Hazy and Cloudy	Cloudy with Drizzle	Cloudy	High of 16° I don't care because I won my football match!



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Sanderling Class

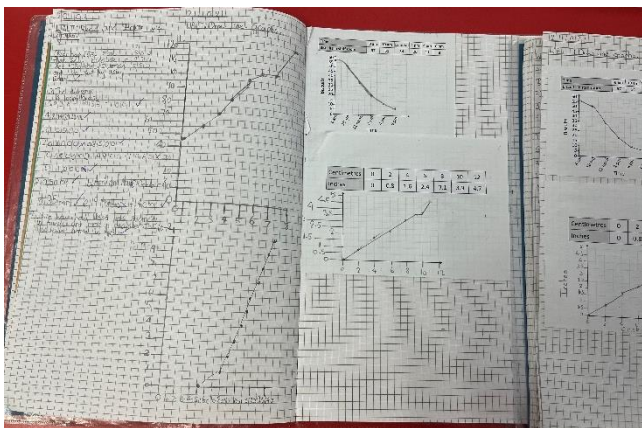
It has been an excellent half term in Year 5. Everyone has worked so incredibly hard and shown real progress from the start of September.



This week, in English, we have finally finished our sea poems. During this topic, we have enjoyed watching Michael Rosen clips, reading a range of sea poems, identifying poetical features and expanding our vocabulary inspired by videos of the sea. After much hard work, the children published their poems and have proudly performed them to the whole class.



In maths, we have been studying line graphs.

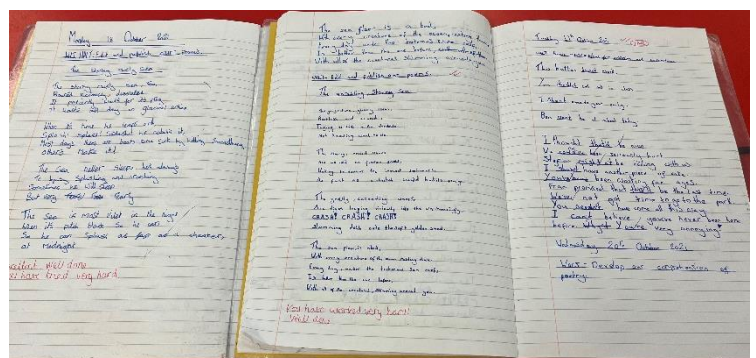


In Art, we have finished our Viking jewellery pendants by adding acrylic paint and Viking rope. Year 5 should be extremely proud of themselves after much perseverance and hard work.

On Friday, Year 5 had a teamwork inspired day. Year 5 we're mixed up with people they may not have worked with previously to complete a set of activities, starting off with a recap quiz of autumn term 1 maths and English. The children later had to work together to complete a hoop activity, a memory activity and an ordering activity.

Points for teams showing the best teamwork skills.

It was lovely to see the children mixing and working so closely with different children. Lots of laughter and smiles; the children had a great morning.



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Have a great half term holiday, Year 5. I look forward to seeing you all refreshed and ready for another great half term.

Miss Mountier and Mrs Allen

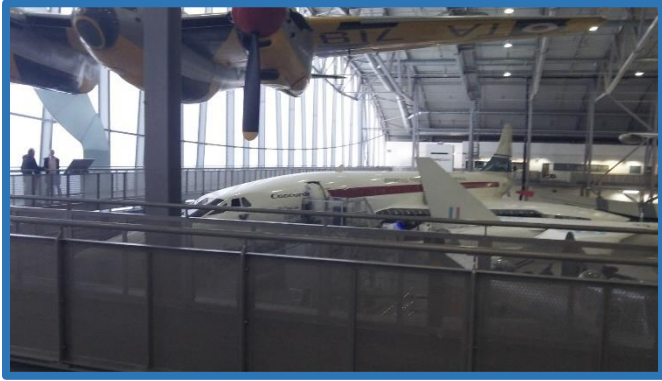


Avocet Class

Year Six had great fun at IWM Duxford. We went inside historic hangars and saw scores of artillery pieces, tanks, trucks and other military vehicles as well as anti-aircraft guns, Hurricanes, Spitfires and even a crash-landed Messerschmitt. It was great to stand next to, in and even inside WW2 planes: it helped our topic come alive!

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House points

Canute

Guthrum

Thorkell

Houston



In first place this week are Thorkell!

Student of the Week

Student of the Week Awards are presented in class to celebrate a child's success in their learning. This may be through a strategy they have applied, a way of working that reflects a 'can do' attitude to achieve or a personal milestone achieved.

Birthday Celebrations



This week and through half term we celebrate Jacob A, Matilda M, Isabella P, Thomas B, Lewis U, Sophie G, Ayva D, Henry A, Milly EC, Olivia H and Darci P's birthdays.

Race to the Park

The winning classes for each half term are rewarded with a trip to the local park.

The winners of Race to the Park this term are KS1 Seagull Class with 97.73% and in KS2 Sanderling Class with 95.8%.

100% Attendance and Punctuality Prize

Each week, during our celebration assembly we congratulate good attendance as a whole class.

This week in KS1, Alice the Bunny was awarded to Seagull Class with 98% and in KS2, the attendance cup was awarded to Avocet Class with 95.17%

The classes will be rewarded with an extra turn on the play equipment.

Student of the Week Award Board

Avocet Class – Rocco

Sanderling class- Grace

Curlew Class – Arthur

Heron Class – Olivia

Seagull Class - Zachary

Oyster Class – Ella

Seahorse Class- Emily

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'Catch Me!' Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.



Well done to Eliza, Lois, Ella and Hollie in Oyster Class; Max, Oliver, Finlay, Ethan, Sofia, Elsie, Darci-Mae and Halle W in Seagull Class; William L, Lewis U and Sophie in Heron Class; Will F Amelie, Darci, Ben, Noah, Jacob, Freddy-Lee, Kevin and Jack in Curlew Class; Oscar, Sammy, Will M, Evelyn, Charlie and Zach in Sanderling Class; and Aiden, Isabelle S, Lana, Max P, Oliver, Leon and Hattie in Avocet Class who all received their Bronze Catch Me Awards.

Also, well done to Sophie in Sanderling class who is the first person in the school to complete the Silver Catch Me! award, achieving 30 signatures.

Times Tables



Congratulations to Rory and Ben in Curlew Class who achieved their Bronze Times Tables.

Harvest Festival

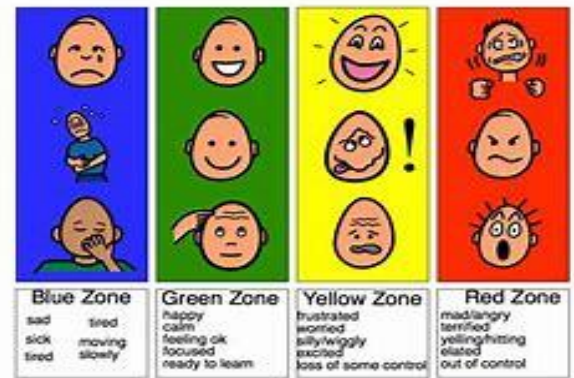
Thank you to all the families who donated towards the food banks Let's Make a Meal of It Appeal.



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The Zones of Regulation



The Zones of Regulation is a complete social-emotional learning curriculum that we use in school, created to teach children self-regulation and emotional control. This overview covers a brief explanation of what the Zones of Regulation are, how they're taught to children and how you can begin using the concepts in your own home.

What Do the Zones Teach Children?

Here are some skills taught during The Zones of Regulation:

- **Identifying your emotions** by categorising feelings into four zones (more on this below)
- **Self-regulation:** Achieving the preferred state of alertness (zone) for a situation.
- **Identifying triggers:** Learning what makes you "tick" and why
- **Coping strategies:** Various techniques and strategies that help achieve emotional regulation.
- **Size of the problem:** Introduces that the size of your reaction should match the size of your problem.
- **Expected behaviour vs unexpected behaviour:** This also covers perspective taking and how *your* behaviour affects the thoughts and feelings of the people around you

What Are the Zones Colours & Their Meanings?

The Zones of Regulation uses **four colours to help children self-identify how they're feeling** and categorise it based on colour.

The Green Zone: The green zone is used to describe when you're in a calm state of alertness. Being in the green zone means you are calm, focused, happy or ready to learn. This is predominantly the state you *want* your child to be in. It's also the state most needed in the classroom in order to learn.

The Yellow Zone: The yellow zone describes when you have a heightened sense of alertness. This isn't always a bad thing, and you still have some control of your actions when you're in the yellow zone. Being in the yellow means you may feel frustrated, anxious or nervous. But, it could also mean you're feeling excited, silly, or hyper – which is okay in the right situations.

The Red Zone: The red zone describes an extremely heightened state of intense emotions. When a person reaches the red zone, they're no longer able to control their emotions or reactions. This is the zone kids are in during **meltdowns**. Being in the red zone means you're feeling anger, rage, terror or complete devastation and feel out of control.

The Blue Zone: The blue zone, on the other hand, is used when a person is feeling *low states of alertness or arousal*. When you're in the blue zone you may be feeling down – sad, sick, tired, or bored. You're still in control, as you are in the yellow zone, but with low energy emotions.

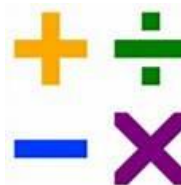
The first step in teaching the Zones to your child is teaching your child the four zones and which emotions fall into each zone. You'll achieve this through practicing with your child, talking about The Zones frequently and in different environments, and encouraging them to identify which zone they're in. **To find out more please come to our parent workshop on Thursday 18th November at 9am for a 9:30am start. If you wish to join the meeting virtually this is the TEMAS invite below.**

<https://gbr01.safelinks.protection.outlook.com/ap/t-59584e83/?url=https%3A%2F%2Fteams.microsoft.com%2F%2Fmeetup->

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Maths at Hinguar

The National Curriculum emphasises the importance of all pupils mastering the content taught each year and discourages the acceleration of pupils into content from subsequent years. The current National Curriculum document¹ says: 'The expectation is that the majority of pupils will move through the programmes of study at broadly the same pace. However, decisions about when to progress should always be based on the security of pupils' understanding and their readiness to progress to the next stage. Pupils who grasp concepts rapidly should be challenged through being offered rich and sophisticated problems before any acceleration through new content. Those who are not sufficiently fluent with earlier material should consolidate their understanding, including through additional practice, before moving on.' (National curriculum page 3)

For example, in Year 3 they are currently working on addition and subtraction. The majority of the class will be working on mastery questions with some children accessing the mastery with greater depth questions to deepen their knowledge and understanding, as below. See if you can solve these questions at home.

Mastery	Mastery with Greater Depth				
<p>Write the four number facts that this bar model shows.</p> <table border="1"> <tr> <td colspan="2">540</td> </tr> <tr> <td>300</td> <td>240</td> </tr> </table> <p> <input type="text"/> + <input type="text"/> = <input type="text"/> <input type="text"/> + <input type="text"/> = <input type="text"/> <input type="text"/> - <input type="text"/> = <input type="text"/> <input type="text"/> - <input type="text"/> = <input type="text"/> </p>	540		300	240	<p>Flo and Jim are answering a problem: Danny has read 62 pages of the class book, Jack has read 43. How many more pages has Danny read than Jack? Flo does the calculation $62 + 43$. Jim does the calculation $62 - 43$. Who is correct?</p> <p>Explain how you know.</p> <p><i>Pupils might demonstrate using a bar model to explain their reasoning.</i></p>
540					
300	240				
<p>Using coins, find three ways to make £1.</p>	<p>Sophie has five coins in her pocket. How much money might she have? What is the greatest amount she can have? What is the least amount she can have?</p> <p>If all the coins are different: What is the greatest amount she can have? What is the least amount she can have?</p>				

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CityFibre – Gigabit-speed Broadband

CityFibre teams will be installing the network in the streets around the school. The activity will involve some construction outside the school but you will still be able to access the premises throughout.

The works will be carried out by Telelink (uk) and are scheduled to start within the next few weeks, please avoid parking on the pavement during construction.

We would advise to walk to school, if possible, during construction, as this may cause issues with parking and traffic flow.

Jewellery in PE Lessons / Sports Clubs

Please remove all jewellery including earrings on days when your child has PE or is attending a sports club. Jewellery is not permitted unless it is for religious or cultural purposes.

New Menu Beginning 2nd November - Week1

	Mon	Tues	Weds	Thurs	Fri
Main Dish	INSET Day	Pizza with salad and sweetcorn	Roast Beef with Yorkshire Pudding, Roast Potatoes, Two Veg and Chefs Gravy	Chicken burger with salad & wedges	Salmon fish fingers, chips, Baked Beans or Garden Peas
Veggie Dish		Vegetarian Pizza with salad and sweetcorn	Quorn chicken roast Roast with Yorkshire Pudding	Veggie burger with salad & wedges	Quorn Chicken Nuggets with Chips, Baked Beans or Garden Peas
Jacket Potato KS2 ONLY		Jacket Potato With cheese, beans or tuna	Jacket Potato With cheese, beans or tuna	Jacket Potato With cheese, beans or tuna	Jacket Potato With cheese, beans or tuna
Sides	Salad bar, sauce station and fresh bread available daily				
Dessert		Homemade Cookie Jelly or Fruit	Yoghurts, Jelly or Fruit	Lemon drizzle cake Jelly or Fruit	Ice cream Jelly or Fruit
	A selection of fresh fruit, raisins and yoghurt available daily				

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Hinguar Primary School and Nursery

If you have a child who is due to start school in September 2022 and you would like to find out a little more about what Hinguar has to offer, please join us for an information session where you can meet the Head teacher and Early Years Team and have a tour of the school.

Please contact the school office to book an information session on 01702 292721.



Reception Cohort September 2022

Prospective Parents Information Meeting:

Tuesday 9th November 3.30pm – 4.30pm

Wednesday 10th November 9.15am – 10.15am

We have limited spaces at these meetings so please contact us to book a place.

Term Dates Academic Year 2021/22

Autumn Term: 1st September 2021 – Friday 17th December 2021

Half Term 25th October – 29th October

Spring Term : 4th January 2022 – Friday 1st April 2022

Half Term 14 February – 18 February

Summer Term: 19th April 2022 – Friday 22nd July 2022

Half Term 30 May – 3 June

INSET DAYS:

School Closed

Monday 1st September 2021, Monday 1st November, Tuesday 4th January,

Friday 27th May and Friday 22nd July

Queens Platinum Jubilee Extra Day Bank Holiday Monday 6th June 2022

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Dates for your Diary – Autumn Term

October 13th – Reverend Louise visiting Year 1

October 20th – Imperial War Museum (Duxford) Year 6

November 3rd – Stone Age to Iron Age Workshop – Year 3

November 8th & 10th – Parent Consultations

November 9th – September 2022 Reception New Intake Meeting – 3.30pm

November 10th – September 2022 Reception New Intake Meeting – 9.15am

November 17th – Friends of Hinguar Adult Gift Fair – 7.30pm

November 22nd & 23rd – 2 Johns E-Safety training

November 24th – Virtual Volcano Experience by the Natural History Museum

November 30th – Natural History Museum visit – Year 4

December 3rd – FOH Children's Christmas Fair (after school)

December 8th – Pantomime Visit (FOH)

December 16th – Christmas Lunch



While the season for coughs and colds continues, you may be anxious as to whether you or your child is developing symptoms of Covid-19 or if it is just a general cold. The symptom checker here is provided to help you make this decision.

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If you're a parent/carer of a child aged between 5-19 years old and you are worried about your child's health and well-being during these unsettling times, the **School Nursing Team** can help.

You can **TEXT** our School Nursing Team on

07507 331884

**WE CAN OFFER SUPPORT AND ADVICE WITH
ALL KIND OF THINGS LIKE...**

GROWTH AND DEVELOPMENT

EMOTIONAL WELL-BEING

GROWING UP

SLEEP

IMMUNISATION ADVICE

TOILETING

HEALTHY LIFESTYLES

Text us for confidential advice and support

We do not usually inform anyone else if you contact the school nurse. We might inform someone if we were concerned about you or your child's safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). Prevent the school nurse from sending messages to you by texting STOP to our number. Messages are charged at your usual rate.

T: 01702 534843

E: scg.southendpublichealthnurses@nhs.net



Twitter: @SouthendSN

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