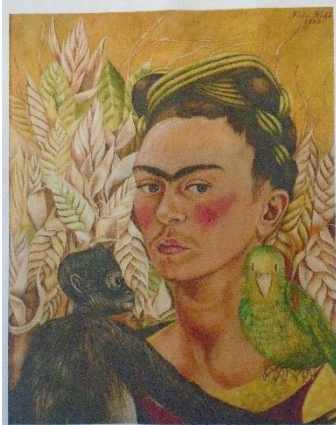


Starfish Class



This week we have been looking at the artist Frida Kahlo and a picture of a portrait that they had painted. The children then painted their own portraits and talked about the things that they like. The children have worked really hard on these and we are going to put them on display in the classroom.

The children also made pizza faces. The nursery smelt delicious as they were cooking! To finish off the week, the children tasted bread from around the world and made a lego bar chart to show which one was their favourite.



Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

Seahorse Class

This week, Seahorse Class has continued to explore their new surroundings and resources. The children met Mr DaCosta who will be taking them for PE, every Monday. In PE this week, the children began to explore their spatial awareness with a game called inside and outside, before playing Mr Fox. The children have been developing their fine and gross motor skills through a range of activities which have included threading, manipulating play dough, writing their names, climbing on the 'A' frame, walking on stilts and balancing on the tyres. The children have been using their observational skills to copy pictures and patterns by placing coloured pegs into peg boards. We have explored our listening ears, by identifying a range of sounds and matching them with the corresponding pictures. We have continued to learn the routines of the day, which have included: putting on an apron when playing in the mud or water, stopping when they hear the tambourine or whistle and putting toys in the correct box at tidy up time. The children were excited to play with our new marble run resources and worked as a team to construct a magnificent marble run.

Well done, Seahorse Class



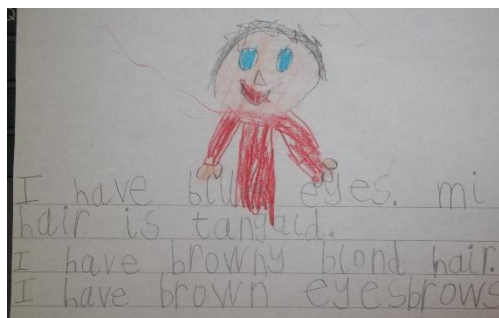
Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



Oyster Class

This week in Oyster Class, we have been to visit the computer room for the very first time. We spent time learning how to log in using our passwords.

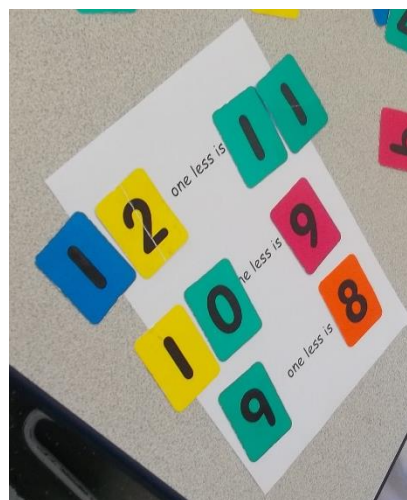
In English, we have been writing autobiographical sentences. We tried hard to remember the sentence rules and use them in our independent writing.



In maths we have been finding 1 more and 1 less.



Another great week. Well done, Oysters!

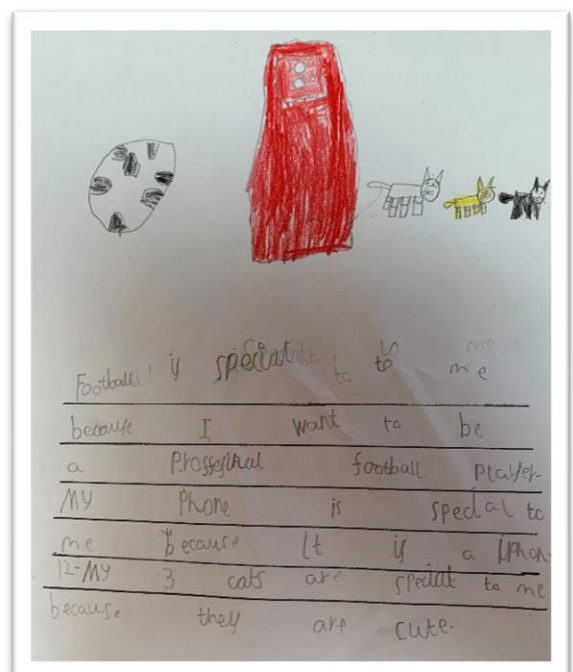
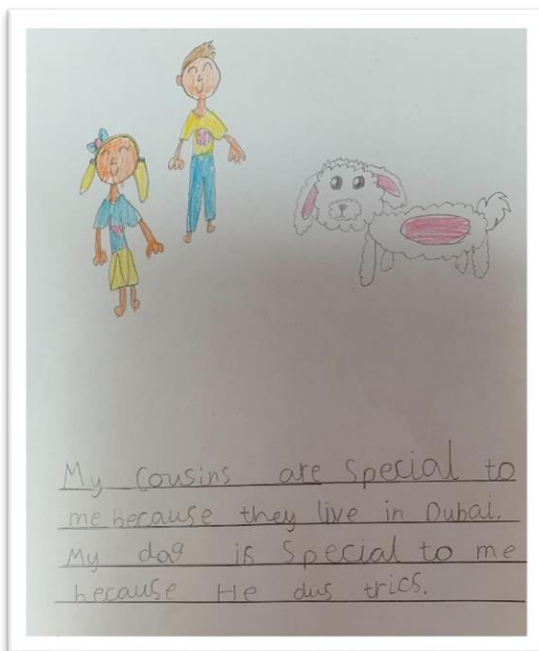
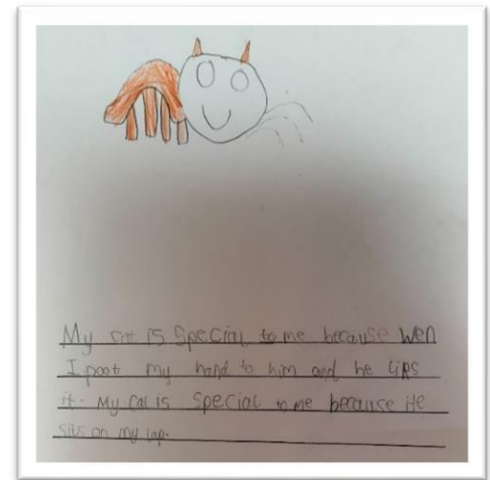
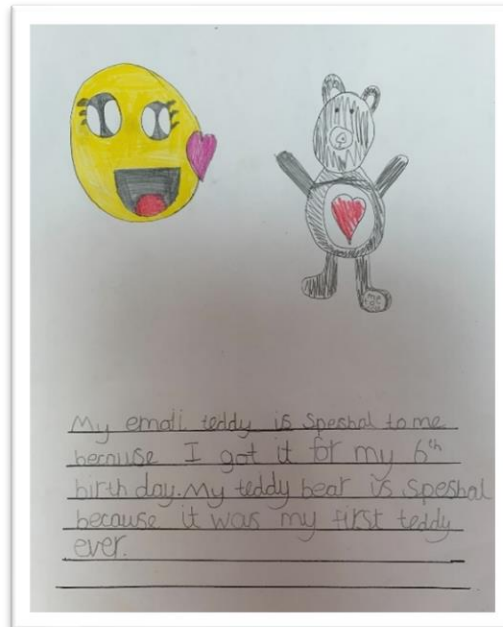
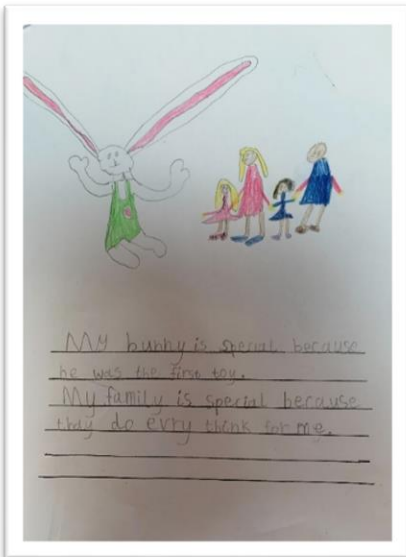


Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



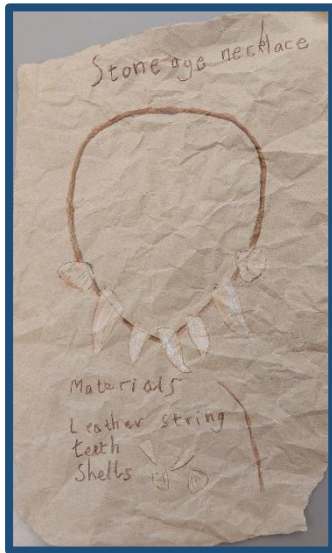
Seagull Class

In Year 2 this week, we have been thinking about things that are special to us. In Science, we have been on a materials hunt around the school and linked this to thinking about what objects were made from.



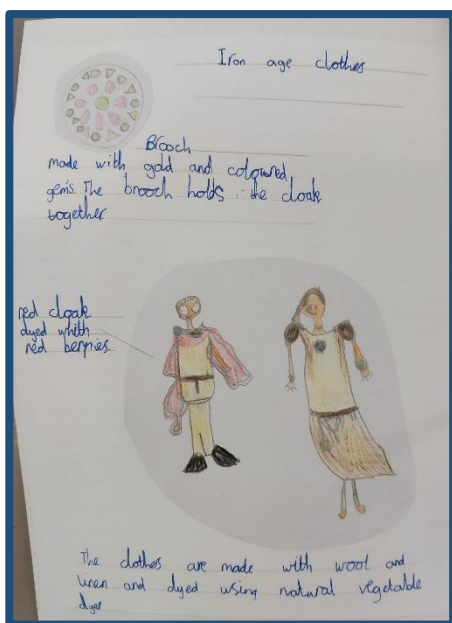
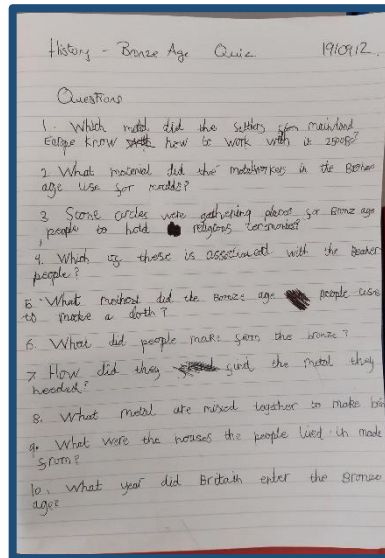
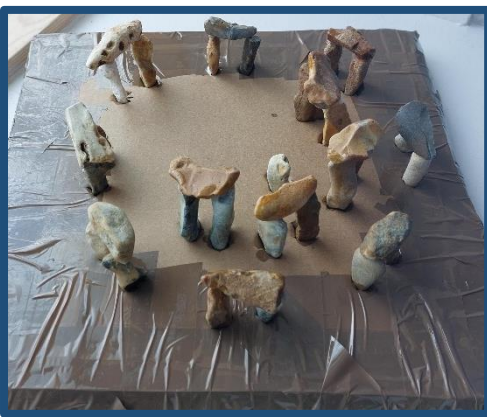
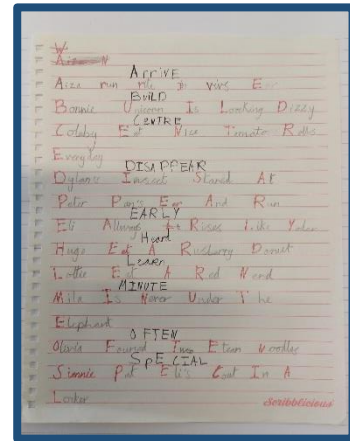
Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.





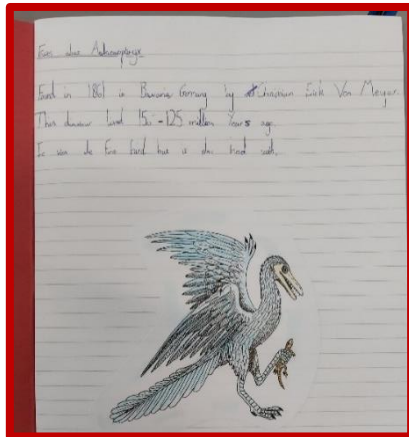
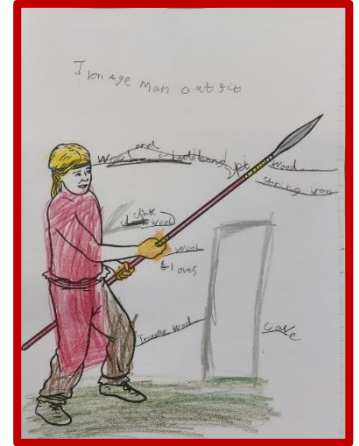
Heron Class

This week, Year 3 have been having lots of practice tests in Reading and Maths and have shown amazing resilience and determination. They have also shown what fantastic coding skills they have in computing, learnt some French greetings and begun an exciting art project applying their knowledge of warm and cool colours. The homework that has been handed in has been outstanding and Mrs Tarling and I could not be prouder of all their achievements this week. Have a great weekend, Mrs Emmings and Mrs Tarling x



Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.





Curlew Class

This week has been assessment week and each and every member of the class has approached it with a fabulously mature attitude, and we are very proud of them all.

In Geography, we have continued learning about volcanoes. The children got into groups of 3 or 4 and worked together to sort a series of statements, with arguments for or against living near a volcano.

In RE we found out about the Buddhist festival of Obon, and watched a video of celebratory dancing (<https://www.youtube.com/watch?v=g58qwUQtoG8>)



In Science, we had our hugely anticipated 'chocolate' lesson. We investigated how the percentage of cocoa affects the time it takes for chocolate to melt. We discussed how to make a test fair and then melted white chocolate, milk chocolate and dark chocolate. It turns out that chocolate with a higher percentage of cocoa takes longer to melt. The melted chocolate was put to good use to make chocolate crispy tray bakes, which were then put into the staffroom fridge (with a large sign to stop teachers eating them!) ready to be enjoyed the next day.

Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



Well done, Year 4. You have been fantastic once again and we hope you all have a lovely weekend before returning to do it all again next week.

Miss Eakins, Mrs Calvy, Mrs Tarling and Mrs Allen xxxx



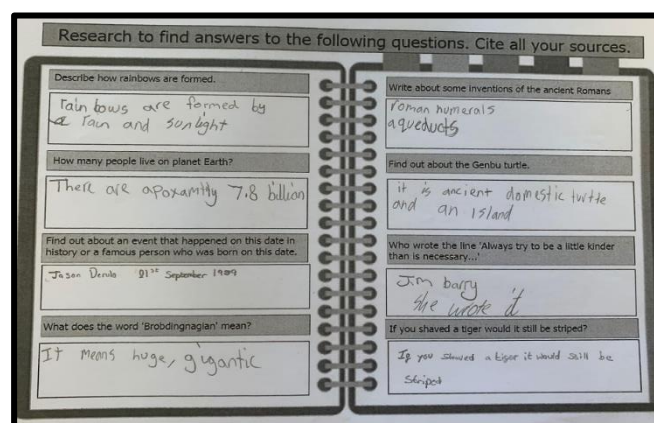
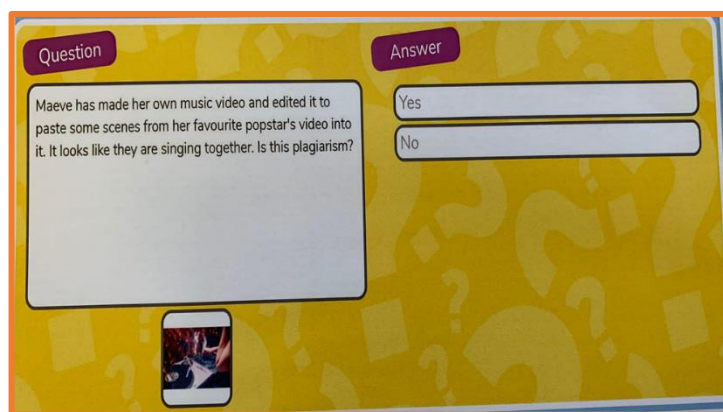
Sanderling Class



It has been another brilliant week in Year 5. Everyone has worked so hard and shown such resilience during our assessment week. In PSHE this week, we have been looking into stereotypes and challenging our preconceived ideas. They had great fun drawing Viking patterns and knots, which they had previously identified from Viking inscriptions.

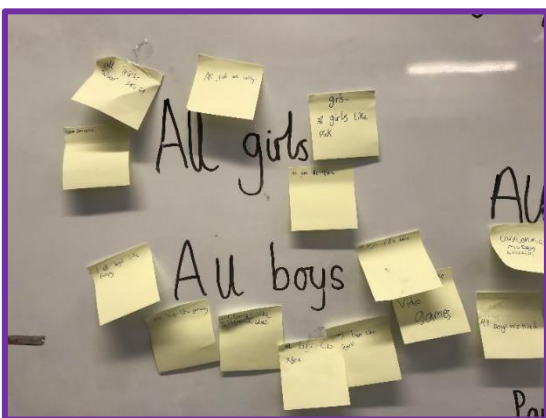
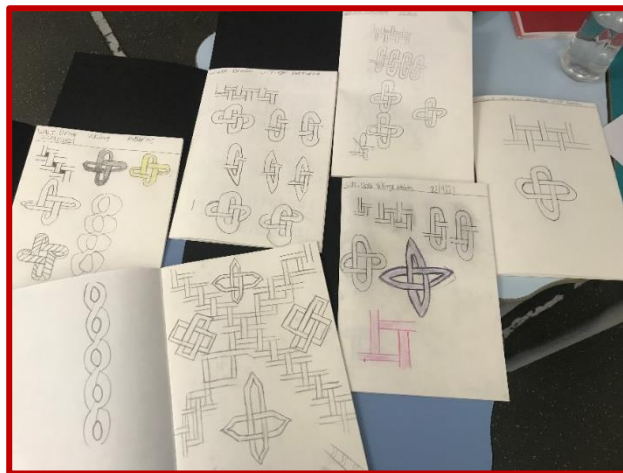
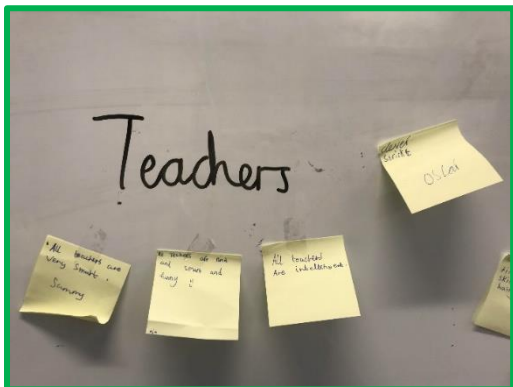
In computing this week, we have been learning about plagiarism when using sources from the internet and thinking about using keywords when searching the internet.

Keep up the great work!



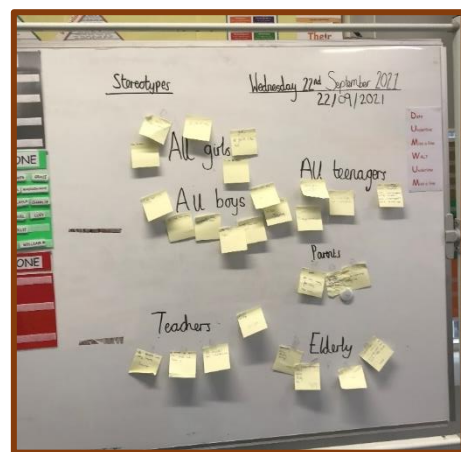
Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.





Have a lovely weekend.

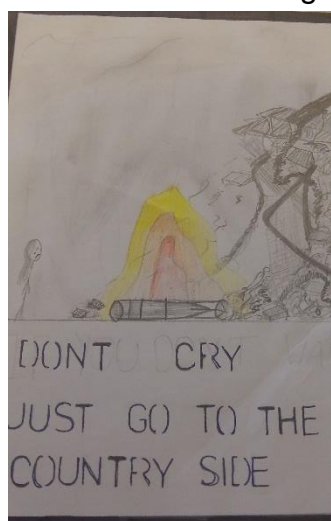
Miss Mountier and Mrs Allen x



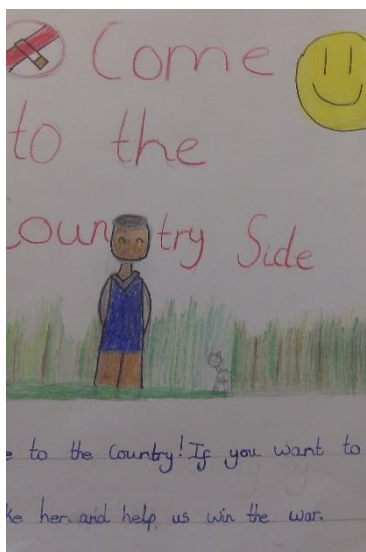
Avocet

A huge well done to Year Six for approaching Assessment Week with such positivity and for developing a resilient attitude when getting their feedback from these assessments. Keep it up!

This week, Year Six also evaluated posters from World War Two which encouraged mothers to evacuate their children to the countryside in order to be safe from bombings. We decided to create our own posters but instead of aiming these at parents, we aimed to appeal to children themselves. Good work!

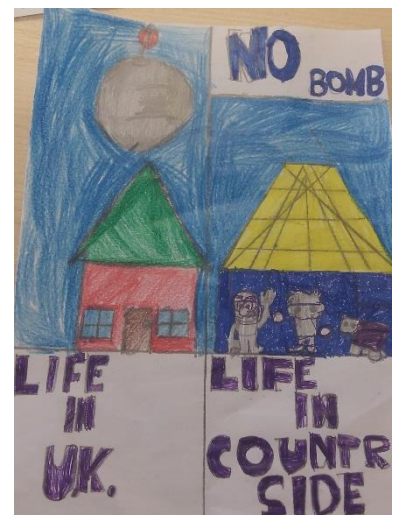
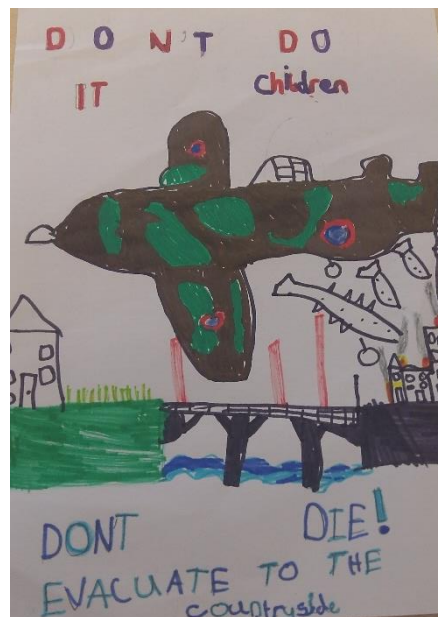
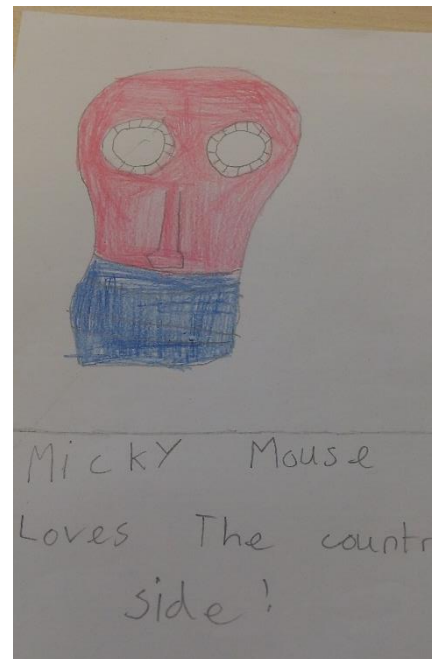
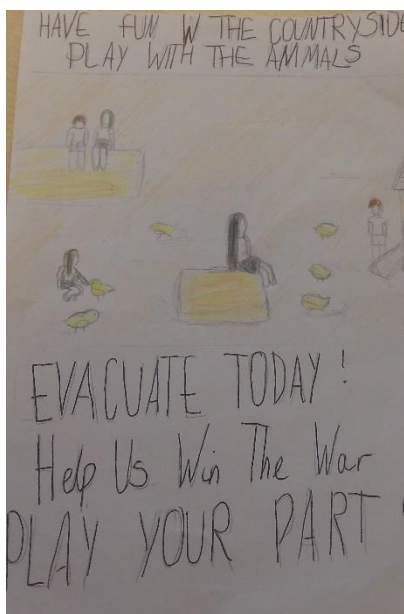
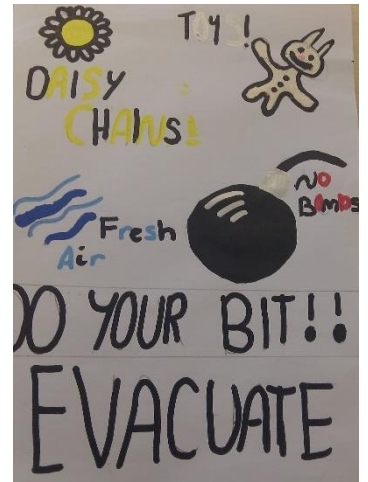
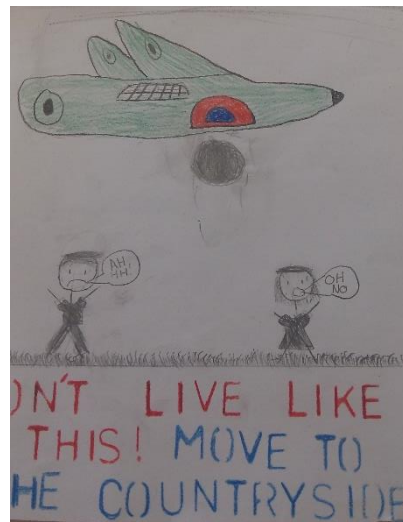
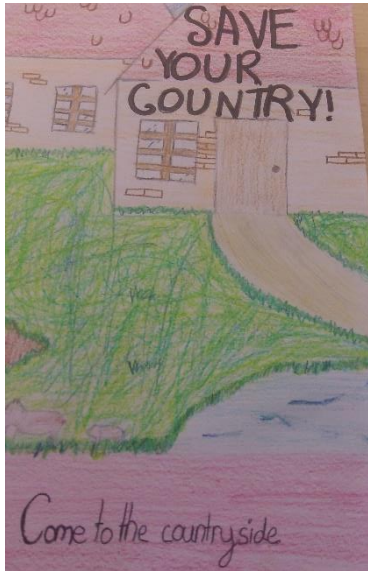


Mrs Ali 😊



Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.





Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



Sports Events and Competitions

I am very pleased to say that this year sports events and competitions are back!

We will be competing in lots of events over the year and my aim is for every child, from years 1-6, to have competed in at least one competition by the end of the summer term.

This term we will be competing in the following events:

KS2 Cross Country

Year 5 and 6 Tag Rugby

Year 5 and 6 boy's football

Boccia

A letter will be sent home if your child is selected with further information about the individual events.

I am also looking for volunteers who may like to come into school and help with some extra sports activities. So, if you are a parent who takes part in a sports activity on a regular basis e.g. plays netball, football, karate, yoga, fishing, hockey, tennis etc. and are interested in helping, please email me on teachers@hinguar.secat.co.uk.

Thank you
Mrs Attard



Individual School Photos

The photographer will be visiting the school to take individual and family photos on the Thursday 1st October.



Details of arrangements will be sent out shortly.

Bike to School Week



Next week is Bike to School week.

children to come to school on their bike or scooter. This is an opportunity for the children to be more active, help the environment and improve the local air quality. At the end of the week, all the children who have come to school on their bike or scooter every day will get a certificate of achievement.

Sustrans, who are organising the event, are also giving everyone a chance to win a bike. To enter the prize draw please visit:

www.sustrans.org.uk/biketoschoolweek/pledge

We would like to encourage all

Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



Building Resilience in our Children - Part 1

After returning to school and rapidly getting back to normal school life. We have noticed children are not as resilient as they once were.

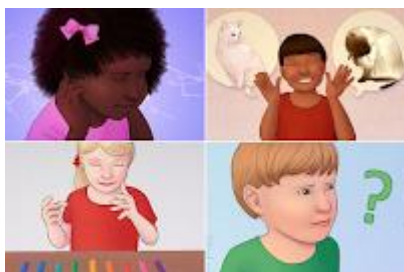
Maybe you have noticed this at home too. Helping our children navigate the stresses and strains of daily life, is more important than ever. Each week we will be offering a top tip and strategies to support your child's resilience at home. Have a look with your children of Ed Sheeran's motivational video on youtube: <https://www.youtube.com/watch?v=CTufwCG8Xeg>

I love running with my Dad at the weekends, it makes me feel happy after, even though it's hard. – Year 5 pupil

Top Tip - Get out and exercise We all know that regular activity is important and that most of us, children included, need to do more of it. But what if I told you that, as well as keeping them physically fit, exercise will increase your child's resilience? It actually strengthens the brain.

Gymnastics makes me brave - Year 1 pupil

It's well documented that exercise is on a par with medication when it comes to treating mild to moderate depression and anxiety. This could be because it gets the body used to moving more fluidly in and out of the stress state. The same hormones released when we're stressed (cortisol and adrenaline) are raised temporarily when we exercise. Regular physical activity teaches our stress-response system to recover more efficiently. It can be a lot of fun to do this together. Put the radio on before dinner and all dance around in the kitchen. Has your child returned to the club they use to love and do? Does your child want to learn a new skill – encourage them to do so? When was the last time your child took a risk and tried something new? Please get your children to share their new skill, new club or when they took a risk of trying something new, so we can feature these in our newsletter next week.



Sensory Difficulties in Children

Calling **all parents/ carers** to please fill out this quick survey about your child, it will not take more than five minutes.

https://docs.google.com/forms/d/e/1FAIpQLScWhEUaRDNuE6sZn0BMymhllLeaWc8CwgAtuZg4Blnz28AGw/viewform?usp=sf_link

In school, we are identifying many children with sensory difficulties. We would like to provide parents and carers with knowledge, ideas and strategies to support your child with sensory needs, that may be impacting on their everyday life. On Thursday 18th November after school

Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



drop off (more details to follow re timings) we will be holding a parent meeting in school alongside the **Education Psychologist – Dr Kirsty Wagner**. This meeting will also be carried out virtually via TEAMS. So, if you would like to come and ask an expert, please let the school office know.

To find out more information Mrs. Wilson or Mrs. White can answer any questions. swilson@hinguar.secat.co.uk, kwhite@hinguar.secat.co.uk.

☆ **Friends of Hinguar AGM - Wednesday 29th September, 7.30pm.**
Location: George Suite, Hinguar School ☆



In this meeting we will be discussing money raised last year, fundraising plans for this year and voting for this year's committee members.

If you would like to come along and find out more or would like to become a committee member, you are very welcome. To keep the meeting COVID-secure we have a limit of 15 people who can attend, so please email FriendsOfHinguar@outlook.com to confirm attendance.

Minutes of previous meetings can be found on the Friends Of Hinguar Page on the School Website or our own Facebook page.

👗👔👖👚 FOH Pre-loved uniform sale - Thursday 30 September 👗👔👖👚

Location and time:

Playground from 3pm (when the school gates open)

Come along and top up your uniform or get organised for next year. Lots of different sizes available at affordable prices.

All donations are gratefully received, please drop off at the box in school reception by Tuesday 28th September.

Thank you all so much for your help and support!

Recycle - Repurpose - Reuse 🌱🌍

🎄 Save the date 🎄

🎄 Christmas Gift Fair Wednesday 17th November 7.30 - 9.30pm. 🎄🍷

📺 Stall holders needed of all types, we already have Scentsy. If any parents, teachers or friends would like a stall 📺

Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



Stalls are £15 and you will need a table and public liability insurance and we ask for a raffle prize donation related to your stall.

If you are interested, please email: FriendsofHinguar@outlook.com

We are so excited to be planning a traditional list of Christmas Events for 2021! (subject to National Covid Guidelines).

House points

Canute

Guthrum

Thorkell

Houston



150

225

293

283

Student of the Week Award Board

Avocet Class – Bella

Sanderling class- Evelyn

Curlew Class – Layla-May

Heron Class – Harry

Seagull Class – The Whole Class

Oyster Class – Henry

Seahorse Class- Nicholas

In first place this week are Thorkell !

Student of the Week

Student of the Week Awards are presented in class to celebrate a child's success in their learning. This may be through a strategy they have applied, a way of working that reflects a 'can do' attitude to achieve or a personal milestone achieved.

Birthday Celebrations

This week we celebrate Isabelle H, Millie W, Logan, Ben T, Jasper W, Tommy, Ava P and Alex's birthdays.



Race to the Park

The winning classes for each half term are rewarded with a trip to the local park. Our winners so far this term are KS1 Seagull Class with 98 % and in KS2 Avocet Class with 99.33 %.

Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



100% Attendance and Punctuality Prize

Each week, during our celebration assembly we congratulate good attendance as a whole class.

This week in KS1, Alice the Bunny was awarded to Seagull Class with 94.67% and in KS2, the attendance cup was awarded to Avocet Class with 98.67%

The Class will be rewarded with an extra turn on the play equipment.

'Catch Me!' Awards

This is a system that rewards the children for doing the right thing all the time, whether it be being polite, helpful, ready to learn etc and any adult in the school can award the Catch Me! signatures to the children.



There are 4 levels to achieve, Bronze, Silver, Gold and Platinum and the number of signatures increases as the children move up through the cards ranging from 20 signatures for Bronze to 60 signatures for Platinum.

After each award has been completed, the children will receive a certificate and a badge. When they have achieved the Gold award, they will have afternoon tea with me and when they achieve the Platinum award, they will receive a gift voucher to spend on themselves.

Well done to Austeja, Jessica, Layla-May, Betsy and Mia in Curlew Class and Isabella in Avocet Class who are the first to receive their Bronze Catch Me Awards.

Mrs Waite

Learning Leads

The following children have been chosen as Learning Leads to help support the learning of their younger peers. Isabel, Holly M, Parker P, Grace, Kensi, Safwan, Mia, Evelyn, Lucy Layla, Logan, Sophie, Mollie, Sammy and William T have all been made Learning Leads.

Harvest Donations

We will be collecting donations for the Southend Food Bank from Monday 27th September. Please see the attached leaflets for the items requested. Boxes will be in the classrooms for the children to put their donations in.

Women's Tour (Cycling)

Southend-on-Sea is extremely proud to be welcoming and hosting for the first time, Stage Four of the Women's Tour, on Thursday 7th October 2021. An incredible spectacle and one that mixes

Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.



fast-paced action with a friendly atmosphere, and not to mention more than 100 of the world's best riders thrown in for good measure! Southend-on-Sea can expect to see fierce competition as the coveted Leaders Jersey is fought for. This prestigious international women's cycle race takes place between Shoeburyness and Southend-on-Sea.

The Fourth Stage race is scheduled to begin at **East Beach** at 11am and then comes to a finish at around 2pm-3pm along the seafront outside The Arches Cafes.

We hope to see as many residents, families, visitors, and businesses as possible, participate in the race start and especially the finish – to welcome back to our town all the cyclists who have participated in Stage Four.

We are finalising plans to create a day with family activities and opportunities to try free cycling related sessions. There will of course be some free giveaways!

The Visit Southend website has more information.

Fundraising

Alice, in Year 3, has been working on a project which she thought of herself outside of school. She really enjoys learning about sharks and has been raising money for the Shark Trust charity. She has held a sweet stall outside her house with her friends Sigourney and Lottie and she has so far raised £15.

Wow girls, what a fantastic idea!



MENU - Week 2

Week Two	Mon	Tues	Weds	Thurs	Fri
Main	BBQ Chicken Pasta	Sausage & Mash with Gravy	Roast Beef, Roast Potatoes & Gravy	Chinese Chicken Noodles	MSC Battered Fish with Chips
Veg Opt	Vegetable Tagine with Couscous	Vegetarian Sausage and Mash with Gravy	Vegetable Wellington, Roast potatoes & Gravy	Vegetable Stir fry with Noodles	Spanish Omelette with Chips
Vegetables	Sweetcorn Cauliflower	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Broccoli	Baked Beans Peas
Dessert	Chocolate & Beetroot Brownie	Cheese & Biscuits with Apple	Fresh fruit or Yoghurt	Apple Sponge & Custard	Spanish Cookie

Hingwar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.





While the season for coughs and colds continues, you may be anxious as to whether you or your child is developing symptoms of Covid-19 or if it is just a general cold. The symptom checker here is provided to help you make this decision.

Hinguar Primary School and Nursery is committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

