

## **Hinguar Primary School PSHE Curriculum Statement**

“A healthy attitude is contagious. But don’t wait to catch it from others, be a carrier.”

Tom Stoppard

Our school motto is, ‘Together we achieve’. We passionately believe that all children, regardless of background, can thrive in PSHE, developing a growing awareness of a range of personal, social, health and economic issues and leave well prepared for the next stage of their education. PSHE within our school promotes pupils’ wellbeing through the spiritual, moral, cultural, mental and physical development and prepares them for the opportunities, responsibilities and experiences of later life. PSHE enables our children to become healthy, independent and responsible members of society. We encourage our pupils to play an active role in contributing to the life of the school and the wider community and in doing so we help develop their positive attitudes, sense of self-worth and confidence.

### **Intent**

At Hinguar, our intent is to build an agreed PSHE curriculum, which develops learning, and results in the acquisition of knowledge and skills, enabling children to access the wider curriculum, work collaboratively with others and make a positive contribution to the life of the school. Our curriculum will prepare children to be a global citizen in a diverse society and prepare them for the opportunities, responsibilities and experiences for later life. We are aware that the delivered curriculum must reflect the specific needs of our pupils. We build on the statutory content already outlined in statutory guidance and have introduced the ‘One Decision’ scheme of work to provide consistency throughout our school. Teaching and learning in the classroom should show progression across all Key Stages within the PSHE core themes: health and wellbeing, relationships and living in the wider world. Each phase builds on the vocabulary, knowledge and skills taught in the previous one to allow children to acquire further knowledge, know more and remember more.

We expect teachers to use a PSHE programme to equip pupils with an age-appropriate, sound understanding of risk, with the knowledge and skills necessary to make safe and informed decisions and to recognise the importance of their own mental health and well-being. Our PSHE curriculum incorporates an age-appropriate understanding of RSE, as set out in the statutory guidance, enabling all children to be safe and to understand and develop healthy relationships both now and in their future lives.

### **Implementation**

We strive to provide our children with learning opportunities across and beyond the curriculum, in specific lessons, circle time, special school projects (e.g. Anti-bullying week) and other activities that enrich pupils' experiences. There are also occasions where teachers may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class. Our school environment reinforces the PSHE curriculum through questioning, vocabulary and discussion topics on displays throughout the school.

We have recently bought into and introduced the 'One Decision' scheme of work, which all teachers are now following. Every year group has been issued with a progression route document which links directly to statutory requirements and there are online resources and worksheets to accompany this. Each teacher has also been given a folder to monitor coverage with the intention of sending up each year to follow the class through the school.

In addition to this, every class has introduced the 'Zones of Regulation' programme to assist with children's transition back into the school environment and to help manage emotions. Staff have had training in the implementation of this and have been given resources and lesson ideas to follow in class. Each classroom also has a designated 'Zones of Regulation' area with reminders for the children of the 4 zones and possible techniques and ideas to move and remain in the desired green zone.

Years 4, 5 and 6 have the opportunity if or when necessary, to access the 'Girls on Board' philosophy, with specific sessions which focus on girls' relationships with each other and other people and encourages resilience and the ability to solve problems independently. These are delivered by a fully trained member of the teaching staff.

Hinguar is proud to be linked with the local church and community, and through fundraising opportunities, visitors and national and international events we provide enrichment opportunities to contextualise learning.

PSHE has always been an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

### **Impact**

- Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- Children will demonstrate a healthy outlook towards school – attendance will be in-line with national and behaviour will be good.
- Children will achieve age related expectations across the wider curriculum.
- Children will become healthy and responsible members of society.
- Children will be on their journey preparing them for life and work in modern Britain.

